

BOLETÍN

ONE ANGLO




members of



The Anglo Mexican Foundation





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At the Foundation we seek continuous improvement, and on our way to finding the most effective way to communicate with you, we understood that communicating a lot does not necessarily mean communicating well.

We are sure of one thing; we want to keep you up to date with all the projects that we're developing from the different areas that represent us. That is why we bring you a new way to continue living the ONE ANGLO experience: our NEWSLETTER.

What will you find here?

Our Foundation: Relevant communication about TAMF and business areas. What we are doing to fulfil our mission.

Professional Development: Information of interest to your professional growth and that of all employees.

Welfare: Information that can be useful in your personal life such as: emotional, physical, and mental health, legal assistance, financial education, among others.

Our Talent: Do you know all the people who make up TAMF? Here you can find out more about them.

We warmly welcome you to our **tenth edition**. Thank you for being part of **The Anglo Mexican Foundation**.

OUR FOUNDATION



SUMMER

COURSE 2023



The Summer Course is back at The Anglo! After a long wait we finally welcomed back children and teenagers to Antonio Caso, Florida and Satélite to show them that speaking English is fun and entertaining.

The theme of the course was professions for children and content creation for teenagers. Due to the great relevance that technology is acquiring in the lives of our students, we decided to take the initiative to show them how they can create content in a responsible way and how professions are changing due to technology. All of the above in English, which is the language in which all these interactions with the world take place and, above all, without forgetting that learning English is fun.

Summer Course 2023 was a great challenge for The Anglo in which all areas of the Foundation collaborated, from the development of the course in Product Development, to Marketing with the promotion and creation of fabulous images, to Academic Delivery with the valuable help of teachers and supervisors. This year we were able to offer an experience in which dads, moms, children and adolescents benefited and learned about the quality of The Anglo.

Finally, one of the main objectives of Summer Course 2023 is to give boys and girls the opportunity to have a taste of what they can get if they study English so that they can continue to develop with The Anglo in our KIDS and TEENS programs.





INTERNATIONAL EXAMS
& COURSES ABROAD

THE ANGLO ASSESSMENT (IE&CA) NEWS

REUNIÓN ANUAL DE REPRESENTANTES 2023

From 31st August to 2nd September

Celebrating the Network's octogenarian success and encouraging the integration of new collaborators.

Later this month, the exciting Annual Meeting of Representatives will take place, an event eagerly awaited by all members of the organization. As part of the Foundation's 80th Anniversary and in recognition of the important contribution of the Representative Network, we will celebrate together and take significant steps toward further integrating new associates.

This will not only allow them to make important connections early on but will also provide them with a broader vision of the organization's mission and values.

Network leaders will also share their knowledge and experiences with new employees, providing guidance and support to help them integrate quickly and begin contributing in a meaningful way.

Among other pleasant surprises, the event will highlight important focuses of the Foundation's various business and support areas. Integration dynamics and team-building activities will be held to foster camaraderie and fellowship among all. We hope that these activities will result in a dynamic and positive environment, conducive to the exchange of ideas and the creation of new strategic alliances. The 2nd day will close with a performance by the UNAM STACCATO choir in a presentation especially dedicated to our Network.

We hope that the Annual Meeting of Representatives will prove to be a vibrant, positive and emotionally charged event. Celebrating past successes and looking to the future, we will reaffirm our commitment to work together to achieve our mission. With a strengthened network and new partners fully integrated, the organization will be ready to meet the challenges and opportunities that the future holds.



CURSOS EN EL EXTRANJERO



The countdown is over and finally the Summer Camp groups in Toronto / London / Paris are in their respective destinations.

These young people will have an unforgettable summer where in addition to improving their English language skills, they will get to know many iconic and important places in the countries where they are staying.

In the Toronto program, English lessons and accommodation will be located in Victoria, one of the most beautiful campuses of the University of Toronto.



There, our travellers will be integrated with young people from other parts of the world to take classes, participate in recreational activities and get to know the main points of interest of the city with visits to different tourist attractions such as the CN Tower, Ripley's Aquarium, Niagara Falls, a Blue Jays baseball game, among others. At the end of their class period, they will travel to French Canada and visit Montreal, Ottawa and Quebec.

On the other hand, the group that travelled to London and Paris, will have the opportunity to learn about British culture, art and daily life, from their customs, means of transportation, food, etc. With English classes in the field, our students will improve their English level and confidence to speak it and will have a unique experience. ~λ

At the end of the period in London, they will take the train to Paris where they will spend a few days of culture on a tourist trip where they will visit the emblematic places of the city such as the Eiffel Tower, the Arc de Triomphe, the Louvre Museum, and they will spend a magical day at Disney. In this city, they will face the challenge of a language they have not mastered, a different currency and a different type of food, which will make this experience even more enriching.





IELTS

Introducing Video-call Speaking Test

IELTS A LA VANGUARDIA

The first IELTS Video Call Speaking session, an innovative approach to assessing speaking skills in the International English Language Test, was held with great success on Saturday, 29th July. With the aim of adapting to the challenges of today's digital world, this virtual format gives candidates the opportunity to demonstrate their language skills in a more convenient and flexible way.

The session, which was supervised by highly trained examiners, went smoothly, offering participants a fluent and realistic English conversation experience. Through secure and reliable videoconferencing platforms, candidates interacted with professional examiners, who assessed their ability to communicate effectively in the language.

This initiative is a significant step towards the modernization of IELTS testing and reflects The Anglo Assessment's commitment to adapting to the changing needs of candidates. The implementation of Video Call Speaking highlights the importance of technology in language education and assessment, providing more inclusive and accessible opportunities for candidates from around the world.

With the successful conclusion of this first session, it is expected that IELTS Video Call Speaking will gradually expand in the future, providing a reliable platform for assessing candidates' speaking skills, regardless of their geographic location.

In summary,

first IELTS Video Call Speaking session has been a positive and promising milestone, laying the groundwork for a more streamlined, modern and inclusive testing process. With this new modality, aspiring candidates to achieve their academic and professional goals will have a more convenient testing experience adapted to the demands of the digital age.

**The world's
most trusted
English test.**

**Tomorrow
starts today.**



THE ANGLO ASSESSMENT (IE&CA)

Preparing ourselves as a team is crucial to drive sales and achieve customer loyalty and repeat business in the 2023-2024 school year, as well as the addition of new customers. We continue to define solid strategies and maintain constant collaboration to achieve the success of our initiatives in this period.

Onwards!

09

**Build
the future
you want.**



International Day of Democracy

The International Day of Democracy is celebrated every year on 15th September with the aim of promoting and strengthening democratic values around the world. This commemoration was established by the United Nations General Assembly, in the resolution approved on November 8, 2007, to highlight the importance of democracy as a system of government that promotes citizen participation, respect for human rights and equal opportunities.

Democracy is a fundamental pillar of modern societies, and on the International Day of Democracy we are invited to reflect on its meaning and to value the progress achieved in its promotion and protection. According to the United Nations website, democracy provides an enabling environment for the

protection and respect of human rights, peacebuilding, sustainable development and gender equality.

The National Human Rights Commission of Mexico (CNDH) emphasizes that democracy is a system that allows citizen participation in decision-making and guarantees the protection of fundamental rights. Democracy implies the free and fair election of representatives, respect for freedom of expression and association, and the accountability of those in power to society.

In Mexico, the National Electoral Institute (INE) plays a fundamental role in the organization of free and transparent elections, thus promoting citizen participation and democratic consolidation.

The International Day of Democracy also reminds us of the challenges we face in promoting and maintaining strong democratic systems. According to the Mexican Government's website, it is important to strengthen democratic institutions, foster civic culture and combat corruption to ensure the full validity of democracy. It also highlights the importance of citizen participation and respect for human rights as essential elements of democracy.

Democracy is a constant process of construction and improvement. It requires the active participation of society, as well as the protection of individual and collective freedoms. The International Day of Democracy urges us to reflect on our role as citizens and to promote democracy in all its dimensions.

Sources

<https://www.un.org/es/observances/democracy-day>

<https://www.cndh.org.mx/noticia/dia-internacional-de-la-democracia>

<https://www.gob.mx/ejn/es/articulos/dia-internacional-de-la-democracia>

<https://www.ine.mx/dia-internacional-de-la-democracia/>

Therefore, the International Day of Democracy is an opportunity to celebrate the achievements made in the promotion and defence of democracy, as well as to reflect on the challenges we still face in our country on a daily basis.

In Mexico, institutions such as the CNDH and INE play an important role in the promotion and consolidation of democracy as a system of government that promotes citizen participation, respect for human rights and equal opportunities. However, it is necessary to continue working on strengthening democratic institutions, encouraging citizen participation and guaranteeing respect for fundamental rights.



HAPPY PROGRAMMERS DAY

13th
September

XML

JAVA

CSS3

PHP

Since 2009, 13th September is celebrated as International Programmers' Day, thanks to the initiative of a young Russian who chose that date because it is the 256th day of the year, the same number that is the maximum amount that can be represented by 1 byte.



Broadcaster's Day

14th
September

On 14th September, Mexico celebrates the Day of the Broadcaster to recognize all professionals who work in front of the microphone in the media.



Auditorio Nacional
ARTE Y ENCUENTRO



GOBIERNO DE LA
CIUDAD DE MÉXICO

SECRETARÍA
DE CULTURA



The visual
symphonic concert

2001: A Space Odyssey

will be presented next Sunday,
September 10 at 6:00 p.m. at the
National Auditorium
(Reforma 50, Bosque de Chapultepec,
Mexico City).




@AuditorioMx · auditorio.com.mx



CULTURA
SECRETARÍA DE CULTURA



**EXCLUSIVE PROMOTION FOR TAMF:
GET YOUR TICKETS at 2 for 1*!
at the Auditorio Nacional box office!!!**



¿Por qué no te lo puedes perder?

2001: A Space Odyssey, the masterpiece of the legendary American-British filmmaker Stanley Kubrick.

- It is recognized as a milestone in the history of science fiction cinema.
- In 1968, it received four Oscar nominations and won in the Best Visual Effects category for its avant-garde film technique.
- It will be presented at the National Auditorium on 10th September.
- With live music by the Mexico City Philharmonic Orchestra and the Cuícatl Choral Ensemble, conducted by Brad Lubman.
- Concert presented in association with Warner Bros, London's Southbank Centre and the British Film Institute, with a custom-made score created in collaboration with the London Philharmonic Orchestra and conductor André de Ridder.
- Since 2010, this show, with live orchestral and choral accompaniment, has toured 34 cities around the world.
- In collaboration with the Auditorio Nacional, Anglo Arts invites you to enjoy this incredible presentation with 2x1 tickets when you present your Anglo ID at the box office.

Be part of this amazing experience!



The Anglo Mexican
Foundation[®]



Día de los
Niños Héroes

13th
September

¡Participa en las actividades gratuitas de septiembre!

<p>1</p> <p>LEARNER'S CLUB</p> <p>By The Anglo</p> <p>At The Anglo Antonio Caso</p> <p>7:00 pm</p>	<p>2</p> <p>SOCIEDAD TOLKIENDILI DE MÉXICO</p> <p>Tolkien y el don de Ilúvatar: Más allá de las esferas del mundo.</p> <p>At the Anglo Library</p> <p>3:00PM – 7:00PM.</p>
<p>8</p> <p>MOVIE CLUB</p> <p>The Swimmers</p> <p>At the Anglo Arts Centre</p> <p>4:00 PM</p>	<p>8</p> <p>LEARNER'S CLUB</p> <p>By The Anglo</p> <p>At the Anglo Arts Centre</p> <p>7:00 pm</p>
<p>11</p> <p>MAGIC: THE GATHERING</p> <p>At the Anglo Library</p> <p>5:30 PM</p>	<p>21</p> <p>BOOK CLUB: COMICS & GRAPHIC NOVELS</p> <p>Sweet Tooth by Jeff Lemire</p> <p>At the Anglo Library</p> <p> LIVE </p> <p>5:30 PM</p>
<p>22</p> <p>MOVIE CLUB</p> <p>Painting The Modern Garden - Monet To Matisse</p> <p>At the Anglo Arts Centre</p> <p>4:00 PM</p>	<p>22</p> <p>LEARNER'S CLUB</p> <p>By The Anglo</p> <p>At the Anglo Arts Centre</p> <p>7:00 pm</p>
<p>25</p> <p>BOOK CLUB</p> <p>The Bell Jar by Silvia Plath</p> <p>At the Anglo Library</p> <p> LIVE </p> <p>5:30 PM</p>	<p>29</p> <p>MOVIE CLUB</p> <p>Matisse From MoMA And Tate Modern</p> <p>At the Anglo Arts Centre</p> <p>4:00 PM</p>
<p>29</p> <p>LEARNER'S CLUB</p> <p>By The Anglo</p> <p>At the Anglo Arts Centre</p> <p>7:00 pm</p>	

INDEPENDENCIA DE MÉXICO



The Anglo Mexican Foundation invites you to show off your creativity and teamwork by decorating your workspace with the theme:

¡Lotería Godin!



16th
September

¡VIVA MÉXICO!



Share your photos by emailing: comunicacioninterna@tamf.org.mx



The Anglo Mexican
Foundation[®]

DÍA DE LA INDEPENDENCIA DE MÉXICO

16
de Septiembre



WE'RE HIRING! ENGLISH TEACHERS

Requirements:

- English level: C2 (CEFR) certified or willing to take a level placement exam.
- Both, native and non-native speakers.
- One of the following certifications in ELT methodology:
TTC, TDC, CELTA, ICELT, BA in ELT or a verifiable course lasting at least 140 hrs.

Send your CV to talento@theanglo.mx

STUDENT SERVICE EXECUTIVES REQUIREMENTS:

Requisitos:

- Completed degree.
- Minimum experience of 1 year providing attention and follow-up to students, via phone or face-to-face.
- Available to work at our Antonio Caso branch.

Send your CV to : talento@theanglo.mx



Work-life balance



Tips to put into practice at work. For many people, finding a healthy work-life balance seems like an impossible goal. With so many of us torn between heavy workloads, managing relationships, family responsibilities, it seems no wonder that...

75%

*of Mexican workers
suffer from job stress.*

How to achieve a balance between work and personal life.



At work: Set measurable goals every day

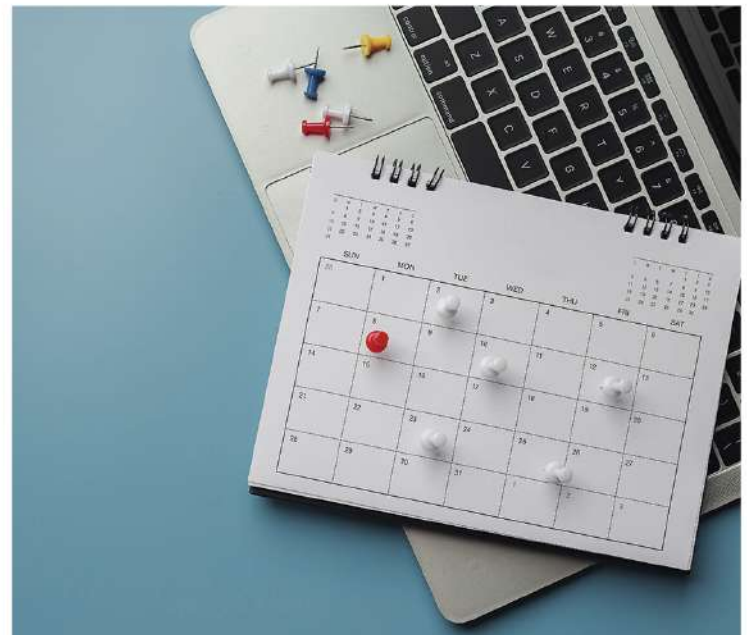
Being able to meet priorities helps us to feel a sense of accomplishment and control, which helps to reduce stress.



- Be realistic about workloads and deadlines.
- Make a "to do" list.
- Take care of important tasks first and eliminate unnecessary ones.

Manage your work schedule efficiently

When we put something off, that task often grows in our minds until it seems insurmountable. When you're faced with a big project at work or at home:



- Start by breaking it down into smaller tasks.
- Complete the first one before moving on to the next.
- Give yourself small rewards each time you complete it.
- If you feel overwhelmed by routines that seem unnecessary, tell your boss.



Delegate responsibilities

Both at work and at home, share the tasks with your teams and your support network; don't carry all the obligations. This is key to coexistence in any environment.

Take 5

Taking short breaks at work, or on any project, helps to:



- Clear your mind.
- Develop your ability to cope with stress.
- Improve your ability to make good decisions when you return to your routine.

Communicate Effectively

Be honest with your coworkers and your leader when you feel you are in a bind. Chances are you are not alone, but **don't limit yourself to complaining, suggest practical alternatives.**

During an argument:



- Rationally reconsider your strategy.
- Consider other opinions and make concessions.
- Back down before you lose control and allow everyone involved to cool down.





International
Peace Day
September 21

The United Nations General Assembly declared 21st September 2001 as the "International Day of Peace", dedicated to strengthening the ideals of peace. The date provides an opportunity to cease violence and conflict throughout the world, both between nations and peoples and between members of each of them, and to call upon countries and individuals to lay down their arms and reaffirm their commitment to live together in harmony.

<https://www.cndh.org.mx/>

"There is no way to peace; peace is the way."

Mahatma Gandhi

WHEN YOU EXPERIENCE ANXIETY, YOU CAN:



LISTEN TO MUSIC YOU LIKE.



CONCENTRATE ON THE PRESENT.



SHARE WITH FRIENDS OR FAMILY HOW YOU FEEL.

FIND A POSITIVE DISTRACTION.



SEEK PROFESSIONAL HELP FROM A PSYCHOLOGIST.

**REMEMBER THAT MENTAL HEALTH IS AS IMPORTANT AS PHYSICAL HEALTH.
DON'T OVERLOOK IT!**

SEPTIEMBRE Birthdays

01



TANYA ESTRELLA VILLAVICENCIO STROMBERG
Churchill College

01



ALEXA DE JESUS ESTRADA REYES
The Anglo

01



PIOQUINTO RIVERO PRIMLEY
The Anglo

01



MARIA ELENA MARTINEZ ESPERON
The Churchill School

02



LUCERO CERVERA MARTINEZ
Anglo Institute of Education

02



FRANCISCO ALVAREZ FERNANDEZ
The Anglo

02



CIARAN MC KEON
The Anglo

03



EMILIO PAVEL MALDONADO ANGELES
The Anglo

04



ANA KAREN RODRIGUEZ CASTAÑEDA
The Anglo

04



MARIA MAURA CARDENAS JUAREZ
The Churchill School

04



JEANNETTE HUESCA
The Churchill School

05



ALEJANDRO DE LA TORRE TORRES
Talento Humano

06



JUAN CARLOS VARGAS RODRIGUEZ
Tecnologías de la Información

06



FAUSTO HERNAN MARTINEZ ORIO
The Anglo

06



JOSE ALEJANDRO REYES GUERRA
The Anglo

07



DANIEL AVILA AGUIRRE
The Anglo

07



MARIA DEL CARMEN GONZALEZ VERA
The Anglo

09



BEATRIZ ARRIAGA GARCIA
The Churchill School

10



JOSE JOAQUIN HERNANDEZ ZENDEJAS
Dirección General

10



ANGELA MARTINEZ RAMIREZ
Talento Humano

11



OMAR BÉCERRIL ALCANTARA
The Anglo

12



MONICA CHAPARRO GONZAGA
The Anglo

13



LUCIE WILHELMINA WACHER RODARTE
The Anglo

13



FABIANA LOPEZ ARMAS
The Churchill School

14



RODRIGO HERNANDEZ KOSCHE
The Anglo

14



ILEANA PATRICIA FRANCO URQUIDI
The Anglo Assessment

16



ELSA MARIA CUEVAS CHAVEZ
The Churchill School

17



KAREN BERENICE GONZALEZ ORTEGA
The Anglo Assessment

18



KARINA ALLENDE CENTENERO
The Anglo

18



INDIRA JOCELYN ARGUMEDO ALVAREZ
The Anglo



JOSE ANTONIO GONZALEZ ESTRADA
The Anglo



MARIANA PERALTA RODRIGUEZ
The Anglo



NDENI ESPERANZA ROJAS BARRAGAN
The Churchill School



JACQUELINE RASGADO BLAS
The Anglo



HECTOR JAIR VAZQUEZ ESCUDERO
Commercial & Development



ALEJANDRA ANDALUZ GARCIA
The Churchill School



MARIA ISABEL KATHLEEN LEYVA GONZALEZ
The Anglo



LESSIE ANN SCOTT
Churchill College



ANDREA MARTINEZ DEL OLMO
The Anglo



MARY VERONICA AUSTIN
The Churchill School



MARIA GUADALUPE GARZA CALIGARIS
The Churchill School



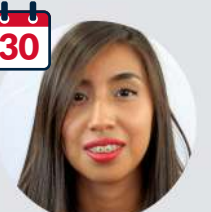
ALEJANDRA CAMARILLO DE LLANO
The Anglo



AHIRAM GUTIERREZ OLIVER
Tecnologías de la Información



GISELLE THOMAS BLANCO
The Anglo



NAYELI MONDRAGON HERNANDEZ
The Anglo Assessment



ODILIA MAYRA GUIRADO FERRARA
The Churchill School



LOURDES AMERICA LUJAN GARCIA
The Churchill School



**The Anglo Mexican
Foundation** SM