






**NEWSLETTER**

ONE  
**ANGLO**



**The Anglo  
Foundation**®

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At the Foundation we seek continuous improvement and, on our way to find the most effective way to communicate with you, we understood that communicating a lot does not necessarily mean communicating well.

We are sure of one thing and that is that we want to keep you up to date with all the projects that we are developing from the different areas that represent us, that is why we bring you a new way to continue living the ONE ANGLO experience: our NEWSLETTER.

## What will you find?

**Our Foundation: Relevant** communication about TAF and the business areas. What we are doing to fulfil our mission.

**Professional Development:** Information of interest for your professional growth and that of all our colleagues.

**Wellness:** Information that can be useful in your personal life such as emotional, physical and mental health, legal assistance, financial education, among others.

**Our Talent:** Do you know all the people who make up TAF? Here you can learn more about them.

We warmly welcome you to our second edition of the year. Thank you for being part of **The Anglo Foundation.**



**The Anglo**  
Foundation®

# OUR FOUNDATION



Expanding your opportunities



**The Anglo Foundation** works to transform the community through education and culture in a bilateral exchange between Mexico and the United Kingdom.

For 80 years The Anglo Academy has accompanied Mexican people in their learning, creating strategic alliances with educational institutions, national and international companies and government agencies, all with the aim of

generating a great impact on the teaching of the English language.

Because we know that learning English opens the doors to a better future, we focus on offering educational programmes of excellence, having as our allies the best institutions worldwide that support the methodology of The Anglo Academy®.



# Did you know?

- We have expert professionals, methodologies, and high-quality learning routes in the teaching of English.
- First class personalised teaching solutions to ensure individual development.
- We broaden personal, professional, and academic horizons through the English language.



*We transform the lives of our students by expanding their personal and professional development opportunities.*

INTERNATIONAL  
LAWYERS DAY

**3RD FEBRUARY**





## 5TH FEBRUARY, ANNIVERSARY OF THE RATIFICATION OF THE CONSTITUTION OF 1917

Venustiano Carranza, in his capacity as First Chief of the Constitutionalist Army and in charge of the Executive Power, called a constituent congress in 1916, in order to create a new Magna Carta and materialise the ideals of the Mexican Revolution.

It was ratified on 5th February 1917, in the Iturbide Theatre in Querétaro City, and came into force on 1st May of that year.

It was the first Magna Carta of the 20th century to establish social rights for its citizens, such as free and secular education, land ownership, labour rights and freedom of expression.

<https://www.gob.mx/sedena/documentos/5-de-febrero-aniversario-de-la-promulgacion-de-la-constitucion-de-1917#:~:text=Fue%20promulgada%20el%205%20de,de%20mayo%20de%20ese%20a%C3%B1o.>



# World Women Physicians Day

11TH FEBRUARY





14TH FEBRUARY

*Why do we celebrate  
Saint Valentine?*

In the year 496, Pope Gelasius I canonised St. Valentine and proposed him as the "patron saint of lovers". That is why Valentine's Day is commemorated every year.

The tradition became commercial when Esther A. Howland, an American, began promoting the sale of gift cards with romantic motifs and love-themed drawings in the mid-1840s.

*" It's wonderful to know that you exist."*

*Mario Benedetti*

*TAF wishes you a  
Happy Valentine's Day!*

At the heart of The Anglo Assessment lies a mission that goes beyond the administration of assessments and examinations. We strive to be architects of opportunity, builders of trust and guardians of exceptional standards.



## 1. FACILITATORS OF SUCCESS:

Our mission is to pave the way to professional and academic success. We are dedicated to providing an unbiased and rigorous assessment environment that measures not only knowledge of the English language, but also the ability to apply it proficiently in real-world situations.



## 2. GLOBAL CONNECTORS:

We act as bridges between individuals and global opportunities. By offering internationally recognised certifications, we encourage labour and academic mobility, opening doors to new experiences, horizons and perspectives.





### 3. GUARDIANS OF EXCELLENCE:

We are committed to maintaining exceptional quality standards. The logistics of examination are meticulously designed to comply with international best practice in our industry and to ensure an optimal environment, experience and examination experience, conducive to candidates performing to the best of their ability. .



### 4. INNOVATORS IN EVALUATION:

We embrace innovation in assessment. By embracing emerging technologies and cutting-edge methods, we ensure that our certifications are relevant and effective in the modern era.



### 5. COMMITMENT TO INTEGRITY:

We care about integrity in evaluation. Every step we take is steeped in ethics and transparency, ensuring fairness and impartiality at all times.

In short, The Anglo Assessment is not just a place where English language skills are measured, it is a beacon that guides individuals to global success. Our mission is clear: to be the platform that empowers people to reach new heights and forge a positive impact on their lives and the world around them.



## Our network of Preparation Centres affiliated with The Anglo.

We are pleased to inform you that in 2023 we achieved the affiliation of 216 new Preparation Centres (Schools) and 18 reactivations. This achievement is a testament to our commitment to educational excellence and the expansion of our partner network



## Courses Abroad

In 2023, we experienced an exciting increase in overseas course sales. This achievement reflects our widespread interest in and commitment to broadening educational horizons.

We encourage you to follow our outreach strategies to generate these opportunities, as international courses are not only academically enriching, but also offer broad cultural and professional benefits. Let us together continue to promote global learning and build a future full of enriching experiences.



# THE ANGLO PUBLIC SPEAKING COMPETITION

February 12th to  
March 2nd 2024

Speak Your Mind,  
Shape Your Future!

Join us and seize the chance to  
represent Mexico on the global  
stage in London, UK!

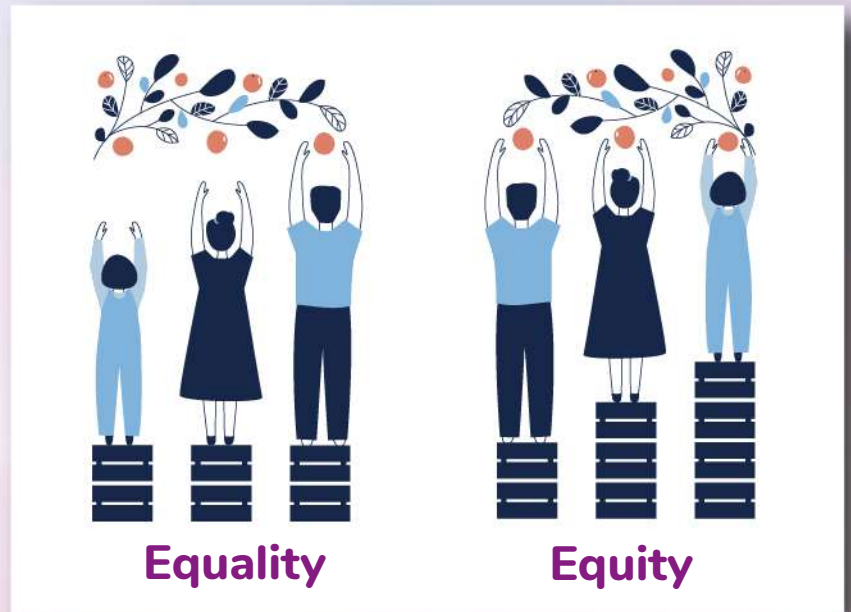
- **Category A:** 11 to 15 years old
- **Category B:** 16 to 20 years old

Contact: [competition@tamf.org.mx](mailto:competition@tamf.org.mx)



## Inclusion and Diversity Alliance: Glossary

### Two Crucial Concepts: Equality and Equity



Today, two fundamental concepts are emerging as a guide to understanding inclusion and diversity: equality and equity. Although often used interchangeably, their nuances reveal essential dimensions in the struggle for justice and human rights.

The concept of EQUALITY represents the collective aspiration towards a world where all people, regardless of ethnicity, social status, gender or culture, are treated with equal respect and dignity. In

the egalitarian scenario, each individual is recognised for his or her merits and actions, without any form of discrimination or privilege.

This principle is rooted in the United Nations Universal Declaration of Human Rights of 1948, thus outlining the path towards a just and equitable society for all.

EQUITY, on the other hand, recognises and embraces the intrinsic differences between people, understanding that equality is sometimes not enough to guarantee justice. Unlike equality, equity does not seek uniformity; instead, it adapts to people's exceptional situations and differing needs. It is a principle that drives us to consider contexts, to understand disparities and to act justly, thus creating a pathway to a world where each person receives what they truly need to thrive.

Recognising the fundamental difference between "equality" and "equity" is essential. Equality involves treating everyone equally

but may not address individual needs. In contrast, equity involves providing resources and support in a fair manner, considering each person's unique differences to ensure equal opportunities for success. In an educational setting, equity recognises pre-existing inequalities and works to overcome them, enabling everyone, regardless of their background, to have access to a quality education. Prioritising equity promotes true inclusion and empowerment, creating a system that benefits all.

**Prepared by: Alliance for Inclusion and Diversity, The Anglo Professional.**





# International Day of Human Fraternity

## A Call for Peace and Global Union



International Day of Human Fraternity, celebrated on 4th February, is an annual reminder of the power of unity and solidarity in building a more peaceful and harmonious world. On this date, promoted by the United Nations, the National Human Rights Commission (CNDH) of Mexico and Peace

and Cooperation (an international organisation dedicated to the promotion of peace and peace education), we are invited to reflect on the importance of promoting fraternity, understanding and collaboration among all people, regardless of their origin, religion or nationality.



The idea behind the International Day of Human Fraternity originates from a historic call signed on 4th February 2019 by Pope Francis and the Grand Imam of Al-Azhar, Ahmad Al-Tayyeb. This document, known as the Document on Human Fraternity, invites us all to work together to build bridges of dialogue and understanding in a world marked by diversity and differences.

The joint statement emphasises the need to promote peace, justice and peaceful coexistence, and stresses that human fraternity is a fundamental principle that can guide our actions and decisions. This call for

fraternity transcends religious and cultural barriers, advocating unity in diversity.

The celebration of this day allows us to remember that human fraternity is not limited to a specific group of people but is a universal value that can be adopted and promoted by all nations and communities.

The Mexican CNDH, through its website, highlights the importance of this date as a reminder that all human beings share a common responsibility to promote peace and human rights.





Peace and Cooperation, through its website, emphasises the need to educate future generations in the values of fraternity, tolerance and solidarity in order to build a more just and peaceful world.

In a world that often faces divisions and conflicts, International Human Fraternity Day reminds us that we share a common humanity and a shared destiny.

It is a call to action to work together to build a more peaceful, just and united world, and to reflect on the importance of unity and solidarity in a diverse world. Through the promotion of human brotherhood, mutual understanding and global collaboration, we can aspire to a more harmonious future for all people everywhere.



La biblioteca permanecerá cerrada durante el mes de febrero ya que estaremos trabajando en el inventario de nuestro acervo.

**Agradecemos su comprensión.**

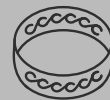
## Febrero

**24**

4:30 PM

### Sociedad Tolkienli de México

Estructuras narrativas de  
El Señor de los Anillos:  
Guiso de conejo al filo de la sombra.



- Las actividades son de libre acceso.
- Consulta las descripciones de los eventos públicos en Facebook: <https://www.facebook.com/TheAngloLibrary/>
- Las Conferencias Especiales de la Sociedad Tolkienli de México son en español.





— INTERNATIONAL —  
**CHILDHOOD** CANCER DAY  
— FEBRUARY 15 —

15th February marks the International Childhood Cancer Day, a date proclaimed in Luxembourg, thanks to the International Childhood Cancer Organisation.

The aim is to raise awareness and sensitise people about a disease that unfortunately affects many children and young people.

It is also to help their families to ensure that their children have a timely diagnosis and appropriate treatment, which in turn gives them the right to life.



## Most common types of cancer in children and young people

Most children and young people who suffer from this condition suffer from a type of cancer known as leukaemia, followed by central nervous system conditions, where tumours appear, and another quite frequent one is lymphoma, which attacks the lymph nodes.



*Golden ribbon, a symbol of strength and hope for children with cancer*

The golden ribbon is a way of expressing the courage and heroism of all these little patients, who do not give up and fight to continue enjoying the pleasure of being alive, accompanied by their parents, family and friends.

This original symbol is a way of offering support to all children throughout the world who battle the disease of cancer every day.

**“ Todos estamos aquí para ayudarnos unos a otros. Cuando estamos juntos, podemos cumplir cualquier cosa ”**

-Stephanie, mamá de **Aspen**, paciente de St. Jude



**Aspen**, paciente de St. Jude



The image shows the Mexican national flag waving in the wind against a bright, hazy sky at sunset or sunrise. The flag features three vertical stripes of green, white, and red, with the national coat of arms in the center of the white stripe. The text '24th February' is overlaid on the right side of the image in a large, black, sans-serif font.

24th February

# Flag Day

In Mexico, the national flag is part of the national identity, which means that it is honoured in a very special way.

Elements such as the emblem allude to the ideals of that historical moment. The red colour alludes to the blood shed by the heroes in the struggle for a free Mexico, the white colour signifies the union and the longed-for peace that was aspired to after the cruel war, while the green colour refers to the hope of the people of Mexico.

<https://www.gob.mx/siap/articulos/24-de-febrero-dia-de-la-bandera-295375?idiom=es>



# PROFESSIONAL DEVELOPMENT

## WE'RE HIRING!

## ENGLISH TEACHERS



### Requirements:

- English level: C1 or C2 (CEFR) certified or willing to take a level placement exam.
- Both, native and non-native speakers.
- One of the following certifications in ELT methodology: TTC, TDC, CELTA, ICELTA, BA in ELT or a verifiable course lasting at least 140 hrs.

Send your CV to [talento@theanglo.mx](mailto:talento@theanglo.mx)

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## ADMISSIONS AND RETENTION SPECIALISTS REQUIREMENTS:



### Requirements:

- Certificate of completed university degree.
- Minimum experience of 1 year providing attention and follow-up to students, via telephone and in person.
- To work at our headquarters in Antonio Caso.

Send your CV to [talento@theanglo.mx](mailto:talento@theanglo.mx)

## Did you know that the cold season lasts until approximately the middle of March?

During this season, there are polar masses that transport cold air, strong winds, cloudy skies and precipitation (rain, drizzle, snow, hail, etc.).

When the above happens, we are all prone to respiratory diseases such as flu, influenza, bronchitis, among others. However, the most vulnerable groups of people are pregnant women - at any stage of gestation -, children from 6 months to 5 years old, people over 65 years old, patients with chronic medical illnesses and health professionals.







## **Everyone, without distinction, should consider the following actions to prevent respiratory illnesses in the cold season:**

- Avoid sudden changes in temperature and draughts.
- If you are going out of a warm place, cover your mouth and nose to avoid breathing cold air; sudden changes in temperature can quickly make you sick in the respiratory system.
- Wrap up warm, wear a hat, gloves, a scarf (covering mainly your nose and mouth) and thick socks.
- Eat a variety of fruits and vegetables to improve your body's defences (including vitamin C).
- Sneeze properly, use a tissue or cover your sneezes with the inside corner of your arm.
- Wash your hands often, especially after sneezing or coughing and when returning from the street.
- Avoid touching your eyes, nose and mouth with dirty hands, as they are a way for viruses to enter the body.
- If the cold is very extreme, stay indoors and only go out if necessary, remember to wear thick clothing.
- Use enough blankets at night, which is when the temperature drops the most.
- If you have a respiratory infection, do not self-medicate, see your doctor to prevent complications.
- If you have a fever or other flu-like symptoms, see your doctor immediately.

**Look after your health!**

# Financial well-being and productivity



Workers' financial wellbeing has a significant impact on their work productivity. Companies that invest in financial wellness programmes often see improvements in Engagement, Mental Health and Performance.

## **Areas where financial well-being impacts on productivity:**

Less financial stress -> More creativity, focus, concentration and effective decision making.

Less absenteeism due to financial situations -> More productivity and effective performance.

Less unstable finances -> More job security, balance and commitment.

Less financial worries and distractions -> More goal achievement and efficiency.

Less Unnecessary Expenditure -> More resource management and overall well-being.





# Birthdays



**VIRIDIANA MIROSLAVA  
CONTRERAS GREGORIO**  
The Churchill School



**DORA LARA  
USCANGA**  
The Anglo Assessment



**ANA PATRICIA  
MARTINEZ VITE**  
The Anglo



**JULIO CESAR  
DELGADO HERNANDEZ**  
The Anglo



**HILDA NALLELY  
GARCIA LARA**  
Churchill College



**CAROLINA DE LA TORRE  
GARCIA**  
The Anglo



**ADRIANA VILLANUEVA  
GARCIA**  
Anglo Institute of Education



**FLOR DE MARIA  
SOLIS GARCIA**  
Churchill College



**ANGEL ANTONIO  
ESCOBAR ARZATE**  
Finanzas



**SANDRA LORENA  
SEGURA RODRIGUEZ**  
The Churchill School



**AZUCENA  
FONSECA FLORES**  
The Churchill School



**ALBERTO AGUILAR  
CORONA**  
The Anglo



**ELIZABETH JANET  
BAUTISTA MARTINEZ**  
The Anglo Assessment



**ARTURO NUÑEZ  
MARTINEZ**  
The Churchill School



**FRANCESCA LOUISE  
BROOKS MOIZER**  
Churchill College



**MARIA DEL CARMEN  
FLORES GARCIA**  
The Anglo



**PAMELA CHAGOZA  
LUNA**  
The Churchill School



**GILBERTO MANUEL  
MALDONADO MARTINEZ**  
The Anglo



**MARIA ALEJANDRA  
MARTINEZ HERNANDEZ**  
The Churchill School



**MARIA CRISTINA  
PAREDES OCAMPO**  
Churchill College



**MONICA  
VARGAS TREJO**  
The Anglo



**MERCEDES GABRIELA  
GARCIA ALCALDE**  
The Churchill School



**YAZMIN NAYELI  
PARRA ESPINDOLA**  
Talento Humano



**MARIA DEL CARMEN  
AGUILERA PASARAN**  
The Anglo





20

**JONATHAN LEVY  
MARTINEZ MONTIEL**  
The Anglo



20

**ERIKA NALLELY  
PECH MOGUEL**  
Churchill College



21

**JORGE ARTURO  
REYES VERA**  
The Anglo



22

**EFRAIN SALINAS  
ARCINIEGA**  
Finanzas



24

**RICARDO DANIEL  
AGUILAR JIMENEZ**  
The Anglo



24

**NADIA AGUIRRE  
ORTIZ**  
The Anglo



25

**IROSHIMA NAGAZAKY  
BOJORQUEZ AISPURO**  
The Anglo



25

**LUIS DAVID  
CANO DE LA VEGA**  
The Anglo



25

**MARIA CRISTINA  
LEON GONZALEZ**  
The Anglo



25

**JACQUELINE SANTIAGO  
ZARAGOZA**  
Finanzas



27

**NIVIA BECERRA  
ROSETE**  
Infraestructura y Servicios Generales



28

**LUZ ANGELICA  
MONROY MENA**  
The Anglo

