

NEWSLETTER

ONE
ANGLO



**The Anglo
Foundation**®

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At the foundation we seek continuous improvement, and on our way to finding the most effective way to communicate with you we understood that communicating a lot does not necessarily mean communicating well.

We are sure of one thing; we want to keep you up to date with all the projects that we're developing in the different areas that represent us. That is why we bring you a new way to continue living the ONE ANGLO experience: our NEWSLETTER.

What will you find here?

Our Foundation: Relevant communication about TAF and business areas. What we are doing to fulfil our mission.

Professional Development: Information of interest to your professional growth and that of all employees.

Welfare: Information that can be useful in your personal life such as: emotional, physical and mental health, legal assistance, financial education, among others.

Our Talent: Do you know all the people who make up TAF? Here you can find out more about them.

We warmly welcome you to our fourth edition of the year.
Thank you for being part of **The Anglo Foundation.**



Why did we *rebrand*?



In 2019, we undertook a transformation process at The Anglo Foundation that encompassed several aspects of the institution. We put in place a new organisational culture, outlined a new business model and modernised our technology tools (The Hub, Saeko).

Due to the pandemic, we were forced to make significant changes to the way we operate, adjusting our methods and adapting to a completely new environment.

The *rebranding* became the visual expression of all the modifications, adjustments and evolutions we underwent. This allowed us to represent the Foundation we have become, more solid and robust.

The transformation of our image not only seeks to efficiently organise the various brands, products and services, thus enhancing the operation and performance of the Foundation, but also aims to clarify the benefits, values, personality and key identifiers of each academic unit.

This renewal of our identity will provide consistency in our visual representation, which will strengthen our presence and facilitate the attraction and retention of users and customers. In addition, it is expected to contribute significantly to improving the Foundation's financial performance, establishing a solid foundation for long-term growth and sustainability.



In this way, we aim to consolidate our position as a leading reference in the fields of social impact, education, art and culture. We seek to have our presence recognised and associated with excellence in these areas.

Did you know...?



As a staff member of the Foundation, you have the benefit of training in the English language and the right to have beneficiaries to take classes at The Anglo Academy.

Also, for staff members, this year we have added the dialogue, exam preparation and business English courses to the benefits.

Take advantage of these benefits offered by the Foundation for your personal, academic and professional development and growth; extend the invitation to your family and friends to be part of the student community of The Anglo Academy.

If you are interested in finding out more, contact Diana Garcés in the Human Resources area.



Let's keep transforming lives!




World Autism Awareness Day



02 DE ABRIL

Light It Up Blue 2024



On the occasion of World Autism Awareness Day, every 2nd April thousands of buildings and landmarks around the world are lit up in blue as a show of support and solidarity for people with Autism Spectrum Disorder (ASD) and their families.

#LIUB

<https://diamundialautismo.com/>

World Health Day



7TH APRIL

World Health Day, celebrated every 7th April, symbolises a global commitment to wellness and health as universal rights.

How can we mark this day in a meaningful way?

- **Education and Awareness:** Participate in talks, seminars, or workshops on important health topics. Share information and educational resources on social media and in communities.
- **Wellness Activities:** Organise or join group physical activities, such as walks, runs or yoga sessions, that promote health and social connection.
- **Volunteering and Community Engagement:** Collaborate with local organisations on health initiatives, such as vaccination campaigns or community wellness events.
- **Personal Commitment:** Get a health check-up, start an exercise routine, or adopt a healthier diet as a personal commitment to one's health.
- **Public Health Policy Advocacy:** Advocate for policies and programmes that promote health and wellness, both locally and globally.
- **Fundraising Events:** Participate in or organise events to raise funds for health causes, such as disease research or health systems support in communities in need.

Opening of the New Offices of The Anglo Assessment Sub-Centre MX123!



We are pleased to announce the exciting opening of the new MX123 Sub-Centre offices, marking a significant milestone in our commitment to excellence and continued growth. This represents not only the physical expansion of our operations, but also a bold step towards brand recognition and capturing a wider market.

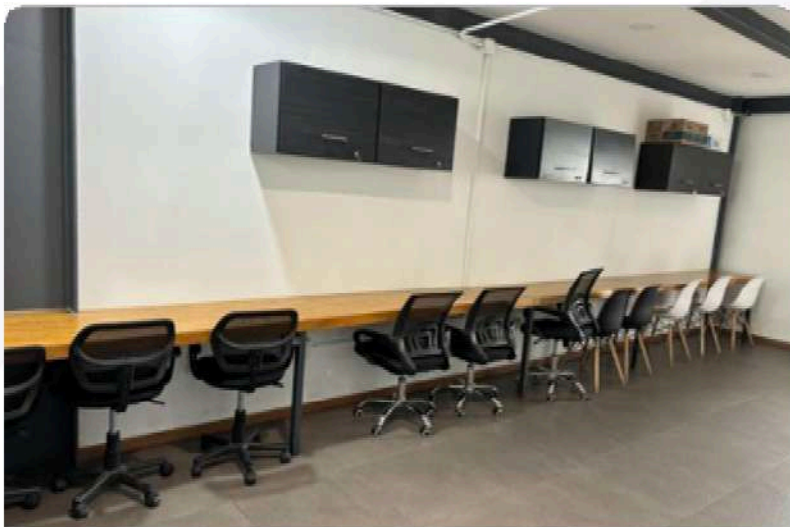
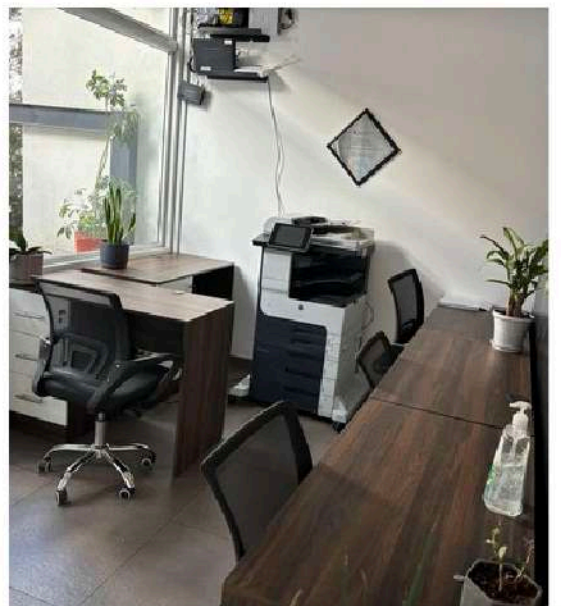
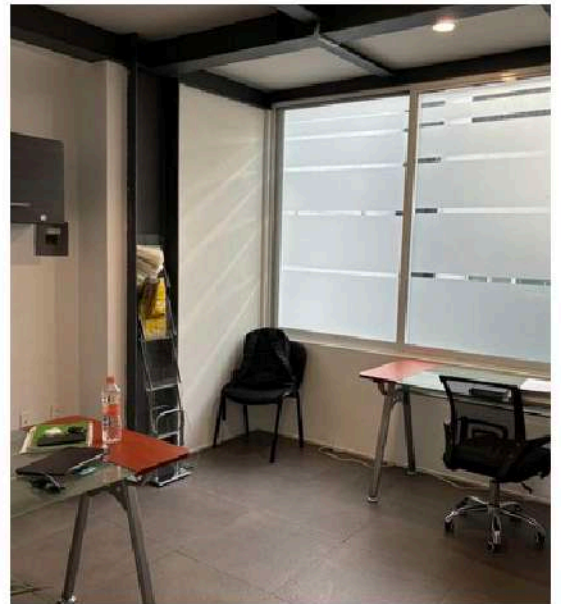
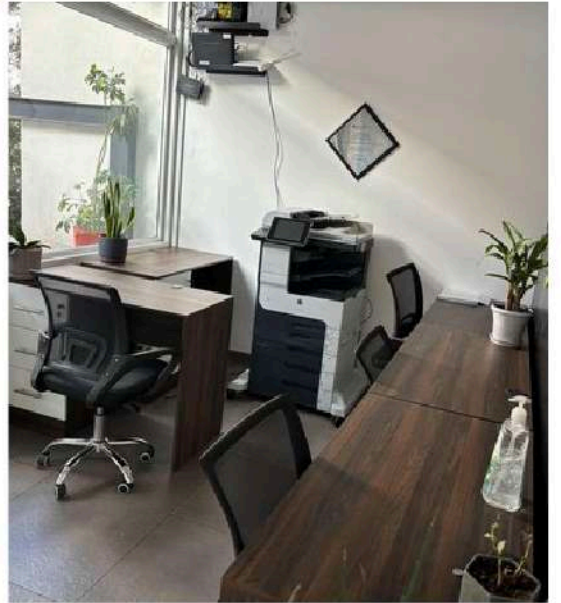
The state-of-the-art MX123 Sub-Centre facility reflects our vision of innovation and efficiency. Equipped with technology and designed to foster collaboration and creativity, these offices will provide an inspiring environment for our talented team and valued customers.

In addition to providing enhanced space for our existing colleagues and clients, the opening of these new offices also marks the beginning of an exciting phase of expansion. With a strategic location and a design focused on convenience and functionality, we are confident that this facility will help us reach new horizons.

At this exciting time, we extend our sincere thanks to all who have contributed to making this project a reality. Thanks to our dedicated Northwest team Assenet Loaiza and Israel Fernandez; to our Director of The Anglo Assessment, Ileana Franco; to our Operational Manager, Diana Ruiz; to the Administrative team; and to all involved staff and Foundation collaborators. Your support has been critical every step of the way.

We are excited about what the future holds for the new offices at Sub-Centre MX123.

Let's continue to move forward towards success and excellence!



**Evolucionamos e
innovamos para ti**

**Conoce la nueva ubicación
del Subcentro MX123
de The Anglo Assessment**



**¡Estamos listos
para recibirte!**



Calzada de los Jinetes 39-A1,
Col. Las arboledas, Tlalnepantla,
CP54020, Edomex.

theanglo.mx

Enhance your teaching skills with our exciting courses designed especially for you!

▼ Universal Design for Learning

Want to improve inclusion and diversity in your classrooms?

Want to improve inclusion and diversity in your classrooms? This course is for you! Learn how to design lessons that benefit all your students regardless of their abilities, interests or learning needs. Discover effective strategies to create an accessible and motivating learning environment for all. Join our course and transform the way you teach!

Duration: 14 hours synchronous with live tutor + 14 hours of asynchronous work

Start date: 20th May

Schedule: Mondays from 5:00 to 6:00 pm

Language: Spanish

▼ Assessment for Learning

Want to improve your assessment practices to maximise student learning?

This course is perfect for you! Explore various assessment strategies that encourage student engagement, provide valuable feedback, and guide instructional decision-making. Increase your effectiveness as a teacher and help your students achieve success through meaningful assessment practices.

Duration: 14 hours synchronous with live tutor + 14 hours of asynchronous work

Inicio: 22nd May

Time: Wednesdays from 4:00 to 5:00 pm

Language: English (minimum entry level B2)



At the end, you will receive a certificate of participation with curricular validity from The Anglo Professional.

11 Investment: \$3,700 pesos per participant

Contact us for more information and registration.

Ana García

Academic Relationships Sr Manager

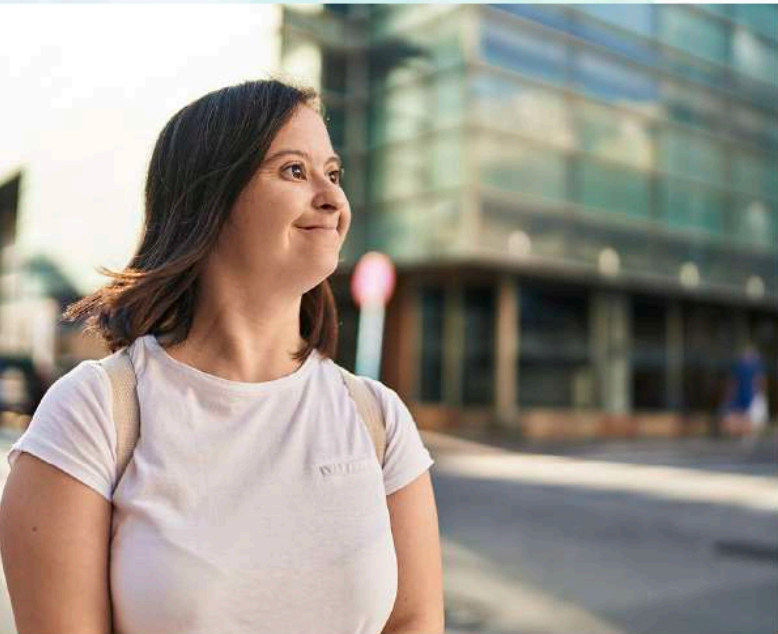
☎ 55 8553 8740

✉ ana.garcia@aie.theanglo.mx

Person-Centred Language

Person-Centred Language

Person-Centred Language (PCL) is a crucial tool for promoting dignity and respect for people with disabilities or chronic illnesses. By putting the person before their disability and describing what they have rather than defining them by their condition, PCL fosters inclusion and avoids marginalisation and dehumanisation. Rather than using labels or adjectives that limit someone's identity, such as 'a diabetic' or 'alcoholic', phrases such as 'a person with diabetes' or 'a person with alcoholism' are preferred. This choice of words emphasises that people are much more than their medical conditions, reinforcing that they are not inherently bad or inferior because of their disability.



In addition, PCL recognises the diversity within communities of people with disabilities. While the use of descriptive terms such as 'a person with bipolar disorder' is encouraged, the focus on identity is also respected for those who prefer to identify directly with their condition, such as 'I am autistic' or 'I am blind'. Good practice includes asking people what language they prefer and how they wish to be addressed, ensuring respectful and empathetic treatment. Adopting Person-Centred Language is not just a matter of terminology, but a fundamental step towards building more inclusive and understanding societies for all.

Produced by: Alliance for Inclusion and Diversity, The Anglo Professional.

Autism: Advances in Awareness and Persistent Challenges

Autism Spectrum Disorder (ASD) is a condition related to brain development, affecting perception, socialisation, communication and flexibility of thought and behaviour. It is a spectrum of disorders characterised by profound and permanent developmental deficits.

In recent years, thanks to the dedication of exceptional advocates, the world has

witnessed a significant shift in the perception, acceptance and understanding of autism. Individuals who carry out the work of disseminating information and experiences of people with autism, as well as health professionals, researchers, and academics around the world, have brought about a change in the narrative.



We have now moved away from talking about "curing" or "normalising" people with autism to focusing on acceptance, support, inclusion, and advocacy. This shift not only positively impacts autistic people, but also transforms the way they are perceived by society, allowing them to reclaim their dignity and self-esteem..

This year's commemoration of World Autism Awareness Day, which takes place on 2 April, not only highlights the challenges faced by people with autism, but also gives us an opportunity to celebrate their contributions at home, at work, in the arts and in policymaking for diversity and inclusion.

However, there is still much work to be done as people with autism continue to face discrimination and barriers in all spheres of their lives. Like any group, they possess a wide range of talents and challenges that often go unnoticed and are overshadowed by stereotypes resulting from lack of information. Awareness and acceptance of autism varies significantly from country to country, and these individuals are particularly vulnerable to major disruptions in their daily routines, such as pandemics, wars and natural disasters, making it critical to focus our attention and actions on advancing the transformation of the neurodiversity narrative to overcome barriers and improve the lives of autistic people, as well as exploring the contributions they make to society.





Although the exact cause of autism spectrum disorders is not fully known, genetic and environmental factors play a crucial role. The incidence of ASD is approximately 60 cases per 10,000 children, affecting about 1% of children in Mexico, which represents about 400,000 people.

Diagnosis of autism can be made as early as 18 months of age, and early detection is essential to provide appropriate interventions and support. There is no single cure for autism, and treatment focuses on maximising individual abilities and improving quality of life.

Despite these challenges, changing narratives and increasing public awareness have led to greater recognition of the significant contributions that people with autism make in a variety of fields. This World Autism Awareness Day is a reminder of the importance of continuing to move towards inclusion, respect and understanding, ensuring that every person, regardless of their neurodiversity, has the opportunity to fully develop and contribute to society in their own unique and unrepeatable way.

SOURCES

<https://www.un.org/es/observances/autism-day>

<https://www.anahuac.mx/mexico/noticias/2-de-abril-dia-mundial-de-concienciacion-sobre-el-autismo>

<https://www.gob.mx/insabi/es/articulos/dia-mundial-de-la-concientizacion-sobre-el-autismo-2-de-abril?idiom=es>

https://www.dgcs.unam.mx/boletin/bdboletin/2020_291.html

New website for LEAI students, developed by the Anglo Institute of Education.



This project, developed from May 2023, from the Department of School Control, arises from the need to have more effective communication with our students in the Degree in Teaching and Learning English Language (LEAI), looking for a means of contact other than email, so they can review administrative and academic information relevant to them and according to their curriculum, immediately at the time they require it.

The LEAI website is a joint effort between the Academic, Administrative and School Control Areas, whose main objective is to offer a digital tool in accordance with current technology, which allows us to provide our students with quality and timely attention. In addition to promoting greater participation on their part, as well as an institutional identity.

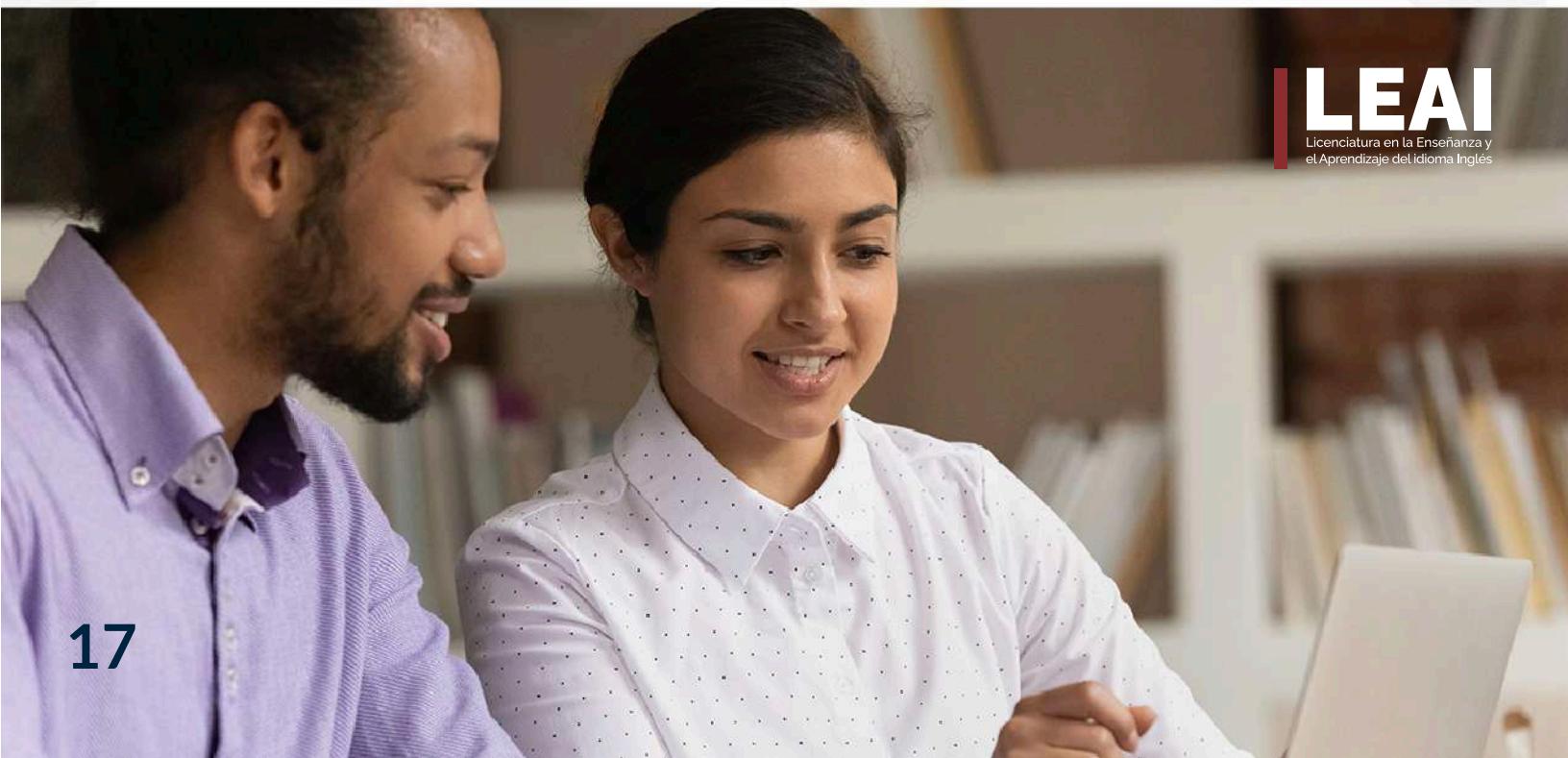
We started with its operation in this school year 2024-2 (January 2024) and our students can access it from various devices: personal computer, tablet or mobile phone.

The benefits of having this Site are the following:

- Project an institutional image of good educational standards.
- Greater reach and interaction with students.
- Ideal tool for distance or online education programmes.
- Communication channel between students and the institution's administrative staff.
- Standardisation of processes, procedures and services offered to students.
- More agile and simpler attention for academic and administrative procedures.

What content will our students be able to find on this site?

- Important notices and news of interest.
- Contacts and opening hours.
- Regulatory documentation.
- Processes such as: scholarships, social service, degrees, etc.
- Services and costs.
- School and event calendars.
- Academic information.
- Forms for procedures.





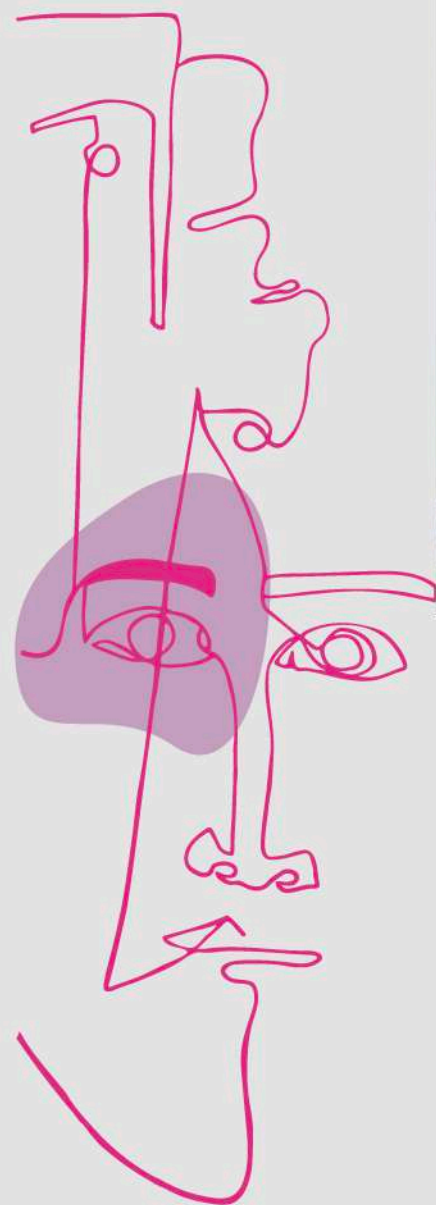
The Anglo
Arts & Culture®

THE ANGLO PUBLIC SPEAKING COMPETITION

By The Anglo Arts & Culture

**Congratulations to
Isabel and Alexandra,
winners of The Anglo
Public Speaking
Competition 2024!**





Category A

- Isabel, winner of Category B, will represent Mexico at the English-Speaking Union International Public Speaking Competition in London, England, in May this year.
- Alexandra, first place in Category A, will receive a scholarship to join the Development Team of the Mexican Debate Association

The final of The Anglo Public Speaking Competition was successfully held on Saturday 2nd March, featuring the best performing students in our English public speaking competition.

In Category A (11-15 years old), we had 10 finalists who competed by developing speeches based on the theme A Great Leader Can Change the World in an Instant. The first prize was awarded to Alexandra A. who won a scholarship to participate in the AMD Development Team, a unique opportunity to develop debating and public speaking skills

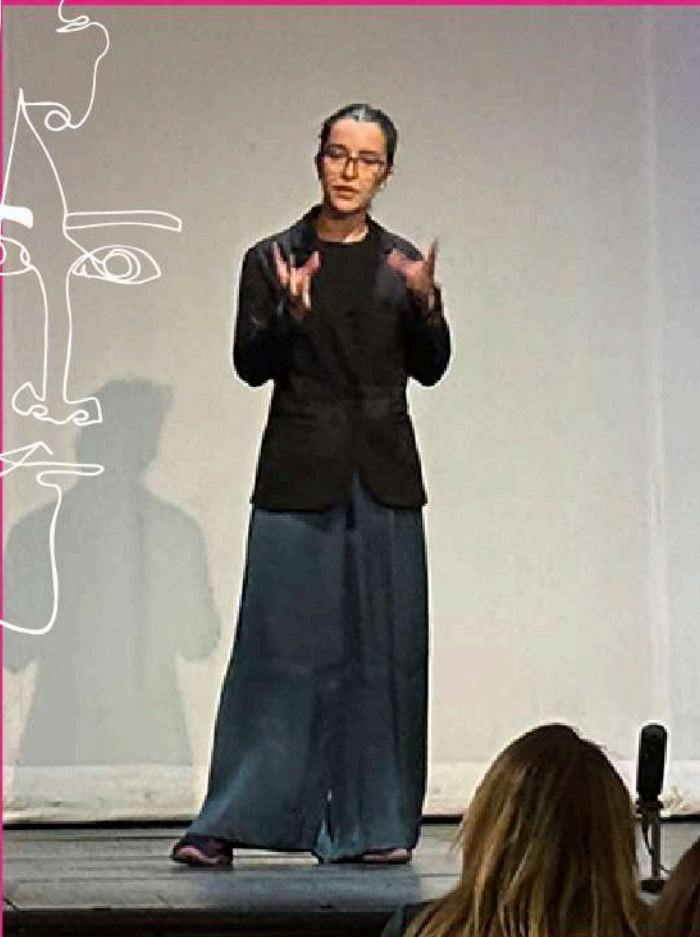
In Category B (16 to 20 years old) nine finalists participated, and developed speeches based on the theme There Is Nothing Good or Bad but Thinking It Makes It So. The first place in category B was awarded to Isabel P., a pupil from The Churchill College, who will have the honour of representing Mexico at the International Public Speaking Competition to be held in London, UK in May this year.



Category B

The event was attended by our Chief Executive Officer, Anthony McCarthy, as well as members of the board of The Anglo Foundation who, in addition to witnessing the talent and enthusiasm of the contestants, offered them words of recognition and encouragement.

We are grateful for the presence of the directors and members of the adjudicators' panel for their contribution to the growth of this programme. This year's competition, in which we had over 200 registered participants, reiterates The Anglo Foundation's commitment to developing the leaders of the future.



Isabel's speech



Time for reflection



On the 7th of February, Nex Benedict was beaten by 16-year-old classmates in her school's restrooms. Although Nex was knocked unconscious - the result of a concussion - the school did not call an ambulance or report the incident. Nex told her best friend and her mother that she had been hit because of the way she was dressed.

The next day, Nex died as a result of the beating. Nex was a non-binary person. Today (27th February) BBC News published a report in which we see a headline that says: "To this day, the teenager's cause of death remains unknown". Despite the medical reports, the publication of the text messages Nex exchanged with her best friend, and the mother's statement, the BBC decides to

ignore the evidence. The same BBC that awarded the famous article by Joanne Rowling entitled Reasons for Speaking out on Sex and Gender Issues in which Joanne spread hate speech and transphobia and gave a number of arguments why bathrooms should exclude trans and non-binary people for the safety of cis-gender people.

Nex was beaten to death because the school she attended, as well as Oklahoma law, forces trans and non-binary people to use the wrong restrooms for them. Nex was murdered by cis-gender girls, whom Joanne insists on protecting from people like Nex.

Many times, when the issue of bathrooms is discussed (accessibility for trans people, creation of neutral bathrooms, facilities for people with disabilities), it is discussed from a theoretical point of view. In case of X, we should have an inclusive bathroom. Other people just discredit the discussion; at the end of the day, it's just a bathroom, right?

For many other people, what's at stake is dignity and, at worst, life. But how do you pose the question to someone who has never had to question whether the bathroom he or she is entering is the safest for him or her?

In the week in which this text is being written, I taught a class in which my students were investigating the origin of the current armed conflict in Palestine. In that astuteness that so surprises us in our students, several of them argued that, if only we could learn that we are all just people, and that this is reason enough to always seek to safeguard human life and dignity, this kind of conflict could be avoided.

The next part of the class revolved around a TED Talk given by a survivor of the Lebanese Civil War who had organized a marathon for peace. One of the questions suggested by the book in its characteristic ideology was something like what does it take to run a marathon?





Once again, my students surprised me: one answer was that it was necessary to open up a territory that was safe in a war zone, and that, in itself, is already a gigantic achievement.

Without knowing it, my students were in dialogue with contemporary philosophers of hegemony such as Mouffe and Laclau, and they were posing the need for an empty space that would allow the peaceful interaction of people, in other conditions, usually at war.

Nex, like so many others, lived in the trenches, in a war in which no one asked if she wanted to participate and from which she was not allowed to escape. She was beaten in a space that should have been safe for her, in a school whose priority should have been to safeguard the lives of all, and to look after vulnerable people.

If the life (and death) of Nex (16 years old) is not enough to raise the issue of bathrooms, perhaps the picture is darker than we think.



**Contribution by: Emilio Hernández Vergara
| Maestro de Ingles Proficient**

World Parkinson's Day

10TH APRIL



International Kissing Day

13TH APRIL



World Art Day

14TH APRIL



World Mother Earth Day

22ND APRIL



World English Language Day 23RD APRIL

English Language Day is celebrated on 23 April to recognise the cultural and historical richness of each of the official languages of the United Nations.

This day was chosen to celebrate the English language because it is traditionally the day on which the birthday and death of the world-renowned writer William Shakespeare is celebrated.

The collection of his works includes 39 plays, more than 150 sonnets, two long narrative poems and other types of verse.

*"Wisely and slow, they stumble
that run fast".*
William Shakespeare.



PROFESSIONAL DEVELOPMENT

WE'RE HIRING!

ENGLISH TEACHERS

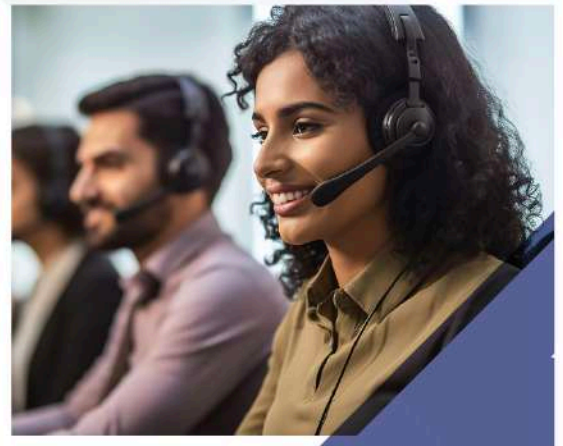


Requirements:

- C1 or C2 (CEFR) English level with one of these certificates: CAE, CPE or in-service IELTS band 7+.
- Both, native and non-native speakers.
- One of the following certifications in ELT methodology: TTC, TDC, CELTA, ICALT, BA in ELT or a verifiable course lasting at least 140 hrs.

Send your CV to talento@theanglo.mx

ADMISSIONS AND RETENTION SPECIALISTS REQUIREMENTS:



Requirements:

- Certificate of completed university degree.
- Minimum experience of 1 year providing attention and follow-up to students, via telephone and in person.
- To work at our headquarters in Antonio Caso.

Send your CV to talento@theanglo.mx



World Veterinary Day

27TH APRIL



International Dance Day

29TH APRIL

Children's Day Celebration in Mexico.

30TH APRIL

In 1924, in Mexico, 30th April was designated as Children's Day, with General Álvaro Obregón as President of the Republic and José Vasconcelos as Minister of Public Education. This decision was taken with the aim of reaffirming the rights of children and creating a happy childhood for a full and integral development as a human being.





Health and well-being

La salud y el bienestar se han convertido en temas centrales en nuestras vidas. La pandemia nos ha enseñado la importancia de cuidar no solo nuestro cuerpo sino también nuestra mente.



Conscious Nutrition

Healthy eating remains a fundamental pillar of wellbeing; however, the current trend is towards more conscious and personalised nutrition. This means understanding our body's specific needs and choosing foods not only for their nutritional value, but also for their sustainable and ethical origin. Key tip: introduce more organic, local and seasonal foods into your diet.



Physical Activity and Movement

Exercise remains crucial, but what is new is the diversification of activities. Yoga, pilates and functional training are gaining in popularity, offering both physical and mental benefits. In addition, there is an emphasis on movement incorporated into everyday life, such as walking more and using motorised transport less. Key tip: find an activity you enjoy and make it part of your daily routine.



Mental and Emotional Well-being

Mental wellbeing has gained recognition as an essential component of health. Practices such as meditation, mindfulness and cognitive behavioural therapy are valuable tools for managing stress and improving our mental health. Key tip: set aside time each day to practice mindfulness or meditation.



Technology and Health

Technology in the field of health and wellness is booming. From fitness apps to smart devices that monitor our health. Technology has become an ally in keeping us fit and healthy. However, it is important to balance its use to avoid technology dependency and stress. Key tip: use technology as a support tool, but don't forget the importance of human contact and nature.

APRIL Birthday

01



ALEJANDRO VENANCIO GARCIA
The Anglo Academy

02



MARIA DE LOS ANGELES CRUZ HERNANDEZ
The Anglo Academy

02



JESUS ALBERTO BRIONES MORALES
The Anglo Churchill College

03



RICARDO GALINDO ORTIZ
The Anglo Academy

03



EYGLOR QUIM BARRIOS
The Anglo Academy

04



MARCELA PAZ BARAJAS MARTINEZ
The Anglo Churchill College

04



JOSE MIGUEL JAIMOS MORA
The Anglo Academy

04



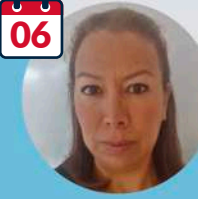
JUAN CARLOS MAGAÑA ORTIZ
The Anglo Academy

06



RAMON ALFONSO GUZMAN GALINDO
The Anglo Churchill School

06



ZAIRA PILAR ALONSO GARCIA
The Anglo Academy

06



VICTOR HUGO MANUEL ALCANTARA
The Anglo Academy

07



SEBASTIAN COYOPOL PAVON
The Anglo Academy

07



CELESTE HERNANDEZ FRANCO
The Anglo Churchill School

07



LAURA SAN JUAN REYES
The Anglo Churchill School

08



ISAIAS MERCADO NEAVE
The Anglo Academy

11



CARLOS ALBERTO CARBAJAL CONSTANTINE
The Anglo Churchill School

12



BRENDA CAROLINA LUNA MARTINEZ
The Anglo Churchill School

13



JANNETE MUÑOZ MARTINEZ
The Anglo Academy

14



ANA KAREN BENITEZ BELTRÁN
The Anglo Academy

15



TONATIUH DAVILA GAMBOA
The Anglo Academy

16



BEATRIZ ALEJANDRA GARCIA MORENO
The Anglo Arts & Culture

17



CLAUDIA GEORGINA VALVERDE LEGORRETA
The Anglo Churchill College

18



ALEJANDRA MARIANA AGUILAR CASTILLO
The Anglo Academy

18



SANDRA ARACELI MORALES VAZQUEZ
The Anglo Churchill School



19

**JENNIFER JIMENEZ
CHAVEZ**

The Anglo Assessment



20

**EDGAR MARTINEZ
DIAZ**

The Anglo Academy



20

**RAFAEL RANGEL
ALBORES**

The Anglo Churchill School



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TRISTAN JAMES LEE

The Anglo Academy



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**ALEJANDRO TORRADO
OLVERA**

The Anglo Churchill School



23

**BERTHA BEATRIZ
DAVALOS RESENDIZ**

The Anglo Academy



23

**ALEJANDRO GAVIRIA
QUEBRADA**

The Anglo Academy



23

**ELIZABETH GEORGINA
FISHWICK**

The Anglo Professional



25

**BRENDA OSEGUERA
ESCOBAR**

TAF



26

**PAULO ALAM
AVILA FIGUEROA**

TAF



26

**RAMON OSWALDO
ROBLES LEYVA**

TAF



28

**CAROLINA
NEUROUGH SOSA**

The Anglo Churchill School



28

**ALBERTO RODRIGUEZ
CHAVEZ**

The Anglo Academy



28

**ANDREA
VALDEZ SALINAS**

The Anglo Academy



29

**RUTH MEJIA
GARCIA**

The Anglo Academy

