







NEWSLETTER

ONE ANGLO



September 2024

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At the Foundation we seek continuous improvement, and on our way to finding the most effective way to communicate with you we understood that communicating a lot does not necessarily mean communicating well.

We are sure of one thing; we want to keep you up to date with all the projects that we're developing in the different areas that represent us. That is why we bring you a new way to continue living the ONE ANGLO experience: our NEWSLETTER.

What will you find here?

Our Foundation: : Relevant communication about TAMF and business areas. What we are doing to fulfil our mission.

Professional Development: Information of interest to your professional growth and that of all employees.

Welfare: Information that can be useful in your personal life such as: emotional, physical and mental health, legal assistance, financial education, among others.

Our Talent ¿Conoces a todas las personas que conforman a TAF? Aquí podrás saber más de ellos.

We warmly welcome you to our ninth edition of the year. Thank you for being part of **The Anglo Foundation.**



The Anglo
Foundation®

Meet the **B2B Commercial team**

The Foundation's B2B Commercial team aims to position both the Foundation and its business units within the market, seeking alliances with other companies, educational and governmental institutions that allow us to further The Anglo's mission.

A large part of our goal is to bring clients who are interested in training and certifying the talent of their employees with the English language.

Some of our most representative achievements have been to bring in accounts such as Deloitte, who had 700 students enrolled in our corporate training programmes, Smurfit Kappa, Universal Music, Japan Tobacco, UAM, La Salle Norte, Cristobal Colon among others.

The team is made up of people with different profiles, experience and skills, which complement the achievement and work of each one of them. Below, we give you a brief portrait of each of them:



Niall Lloyd



Since he joined the foundation in 1999, he has held various positions, such as teacher, academic supervisor, director of examinations and now as Chief Commercial Officer. His leadership style creates bonds and commitment among the team members regarding the objective and day-to-day work. He is always looking out for the well-being and growth of the foundation. He has mentored several colleagues over the years and knows the DNA of the foundation.

- ✓ Loves to cook.
- ✓ Loves fishing and caring for plants.
- ✓ He has very good networking and PR skills.
- ✓ He is a great representative of the Foundation in high calibre groups such as the British Embassy, Chambers of Commerce, especially the British Chamber of Commerce and government bodies such as Proni and SEP.

Evelyn Horta



Evelyn arrived just as the pandemic began as an assistant in the commercial area. She has had several achievements, including completing a diploma in financial management and growing within the Foundation by supporting the team as an area administrator. Some of her responsibilities include monitoring profitability, controlling expenses and providing important information for better decision making.

- ✓ Eve is dog mum to Pepper and Peach.
- ✓ She loves to travel.
- ✓ She enjoys dancing, going to the cinema and theatre.
- ✓ Footballer at heart.

Alicia Corrales



As a B2B commercial executive since August 2020, she is responsible for building partnerships with companies in the manufacturing and technology sector. Some of her achievements have been bringing in Ford, Samsung, KPMG, Siemens, Gerresheimer. She is pursuing clients such as Kraft Heinz, Microsoft, and global markets in LATAM through Smurfit Kappa Mexico and Japan Tobacco International.

- ✓ Is empathetic and open to learning.
- ✓ Enjoys artistic activities such as working with pottery.
- ✓ Likes outdoor activities such as trekking, travelling, eating and exercising with yoga.

Rosy Zapata



Since 2021, Rosy has sought to bring our clients academic benefits through our programmes. She has recently worked with other areas of the Foundation to bring clients such as Aeroméxico, Kawazaki, Cemex and City Hotels as she is in charge of the Education, Northern Manufacturing, Tourism and Publishing sectors.

- ✓ She likes to travel.
- ✓ Loves puppies and being close to nature.

Juan Pablo Marletto



Imported from Argentina, he joined in 2023 to focus on developing markets for the Foundation in the health sector and other corporate services such as marketing, logistics and consultancy. His greatest achievement was to establish a portfolio of new clients that has not yet been established but has built a foundation for the future.

- ✓ His favourite quote is from Sartre "What matters is not what they made of me, but what I made of what they made of me."
- ✓ He is a philosophy buff and a professional psychotherapist.
- ✓ He really enjoys playing football.

Luis Alfredo González



Since joining the Foundation in 2019, he has been an employee in various areas, from admissions to B2B in charge of the Retail, Energy and Telecommunications sectors. Among his achievements have been leading the Izcalli branch, training the B2C commercial team, creating the sales process at The Anglo in the B2C area before the pandemic, seeking to make the results 100% monitorable, as well as achieving a multi-year contract with IFT.

- ✓ He loves hiking because he finds peace and tranquility.
- ✓ He enjoys spending time with his husband who has become his travelling companion.

Héctor Márquez



After working for a while in Cambridge and working together several times at Mextesol, he finally joined the Foundation in January 2020 and since then has been working as Commercial Manager for the Education Sector. His responsibility is to seek business for the different BU's of the Foundation that offer a very complete portfolio of services for schools, universities and government. He has managed to consolidate the relationship with institutions such as Colegio Cristóbal Colón, Fundación Azteca, UAM, La Salle Norte and UIENL, in addition to consolidating our commercial relationship with Macmillan and Delti.

- ✓ Lover of good food, coffee and craft beers.
- ✓ Loves to see new places and try new gastronomic experiences.
- ✓ Just became a father to a beautiful princess and a sweet champion.

Eduardo Cruz



Since 1999 he has been part of the foundation going through different professional careers, from teacher, academic supervisor and branch manager in different areas, to B2B commercial in charge of the financial sector. He has had the opportunity to work in the corporate B2B environment since 2016 bringing clients of various sizes and characteristics to the Foundation. One of his achievements has been to establish processes for the attention and attraction of key accounts such as Deloitte and Smurfit Kappa, and at the same time, contribute to the recovery of some branches such as Coyoacán, Coapa and Izcalli.

- ✓ Likes anime, historical and epic series.
- ✓ He really enjoys art, like painting.
- ✓ He is most passionate about spending time with his family and enjoying his 8 year old daughter.

Embrace a Better Us

This initiative invited us to join forces with other foundations and to give TAF's employees the opportunity to share the teaching of the English language to study at THE ANGLO ACADEMY and transform people's lives.

We know that this challenge implies a great commitment for both QUIERA Foundation and TAF, and we are proud to continue strengthening ties through teaching.

We thank everyone involved in this project and we would like to make a special mention to our Admissions Specialist, **Brayan Bobadilla Vázquez**, who was responsible for carrying out the follow-up of the beneficiaries in a timely manner, providing an excellent quality service and upholding the values of the Foundation.

**Thank you for your
commitment and dedication!**



Team Building

Finance in action



We would like to share with you that in August, we carried out a team building event led by Yazmin Parra from the Human Resources team and with the participation of the Finance team at the Miguel Schultz facilities. The aim was to strengthen our stress management skills, improve assertive communication and integrate the team in a more solid way.

It was a space for dynamics and activities that allowed us to get to know each other better, work as a team and learn to collaborate more effectively. We are sure that the benefits will be reflected in our day-to-day work.

 **Thank you for being part of this great team and the TAF community!**



International Literacy Day

September 8th



World Suicide Prevention Day

September 10th



Programmer's Day

September 13th



Mexican Independence Day

September 16th



International Day of Peace

September 21st



International Day against Sexual Exploitation and Human Trafficking

September 23rd



Celebrating our birthdays at TAF!

We are pleased to announce that, starting in July, we will be holding our monthly celebration with the birthday boys and girls of our TAF community at each of our Anglo Centres. We believe it is important to maintain the tradition and recognise each of you on your special day.

Congratulations to our July and August birthday boys and girls!

JULY

Florida branch

Antonio Caso branch



AUGUST

Florida



Antonio Caso and Miguel Schultz



Satélite





Civil Protection Days Anglo Centro - Antonio Caso

As part of the actions to generate a culture of prevention and safety at work, the Foundation continues with the Civil Protection courses.



The management of The Anglo Academy, The Anglo Assessment, The Anglo Arts and Culture & The Anglo Professional were part of the macro training that managed to train more than 150 employees who will be part of the 2024 brigades in matters of:



- ✓ **First Aid.**
- ✓ **Fire Prevention and Fire Fighting.**
- ✓ **Evacuation and Psychosocial.**
- ✓ **Evacuation and Deployment.**
- ✓ **Psychosocial Support.**
- ✓ **Communication.**



We would like to thank the entire Antonio Caso community for their attendance and participation, demonstrating that safety is paramount at The Anglo Foundation.



**Thank you very much
for your cooperation!**



TAF Recogniton

At The Anglo Foundation we are committed to the professional development of each and every member of the Foundation.

Therefore, we are pleased to communicate and extend our congratulations to our colleagues who successfully passed their exams, resulting in a change of category after obtaining their CPE certification.

CPE

Competent a Competent Plus



Gabriela Mariana
Padilla Alcalá



Maria Elisa
Maldonado
Romero



Paola Delgado
Ampudia



Alejandro
Venancio
García

Competent Plus a Proficient



Juan Jesús
Peredo González

On behalf of TAF, we congratulate them and acknowledge their hard work and dedication. Undoubtedly, your commitment to learning and perseverance in improving your language skills are an example of excellence and self-improvement. We are proud to have such committed and skilled professionals.

Congratulations on your dedication!

Congratulations to our top sellers!

At The Anglo Foundation we recognise the commitment of our sales force that exists at The Anglo Academy BU. Therefore, we would like to acknowledge their dedication, effort and excellent results in their daily work which are reflected today with this recognition.

We are pleased to announce the 5 Anglo Centre specialists who achieved the most sales in the months of **July and August**.

July



**Zaragoza Salinas
Leopoldo**

Florida

457 sales



**Muñoz Martínez
Jannete**

Antonio Caso

168 sales



**Álvarez Carpio
Itzel**

Online Centre

157 sales



**Dueñas Montiel
Cynthia Mariana**

Satélite

115 sales



**Cruz Hernández
María de los Angeles**

Admissions

88 sales

Thanks to their hard work, commitment to excellence and focus on customer satisfaction, they have been able to achieve their goals in an outstanding manner.



Toronto SUMMER



Courses Abroad:

Students from Anglo Mexicano, Angloamericano de Coyoacán, Anglo Americano Lomas, Centro Educativo Carba and Freire are in the final stretch of a successful summer with the Summer Toronto programme and are in the final stretch of their trip to Canada.

For 7 days, they had the opportunity to take English classes with local teachers at the University of Toronto, complementing their experience with visits to the main points of interest, such as Niagara Falls, a Blue Jays baseball game (Toronto team) vs Texas, the CN Tower, Ripley's Aquarium, Casa Loma among others.





At the end of this exciting week the trip continued to French Canada where they visited Ottawa, Montreal and Quebec.

Without a doubt a great opportunity to put their English language skills into practice in an environment that allows them to immerse themselves in the culture and at the same time meet children of other nationalities and expand their horizons.

By Nayeli Herrera

*SEE YOU IN
THE SUMMER
OF 2025!*



Courses Abroad

Transformative Experience: The Anglo Assessment's Courses Abroad

At The Anglo Assessment, we are proud to offer an experience that transcends borders by providing students with the opportunity to participate in courses abroad. This important and unique service not only enriches academic knowledge, but also equips participants with invaluable skills and experiences.



An Unrivalled Competitive Advantage

The Anglo Assessment's courses abroad are designed to offer full immersion in a new cultural and educational environment. Participants have the opportunity to hone their language skills in a real-life context, interacting with native speakers and applying their knowledge in everyday and academic situations. This experience not only improves language proficiency, but also strengthens intercultural skills essential in today's globalised world.

Personal and Professional Enrichment





The study abroad experience transforms students, equipping them with a global perspective and soft skills that are highly valued in the job market. Study abroad courses foster independence, adaptability and problem-solving skills that prepare participants to face challenges in their future careers.

Testimonials

Numerous students and professionals who have participated in our courses abroad highlight the benefits received. From personal growth to professional advancement, testimonials underline the quality and positive impact of this experience.



In addition, our courses abroad have proven to be a decisive factor in maintaining and strengthening relationships with schools and educational entities which, despite having temporarily stopped certification programs, are still committed to our international offerings, with the possibility of resuming certification in the future.

In conclusion, courses abroad represent much more than just an experience; they are an investment in the personal and professional future of our students. Through these opportunities, we continue to strengthen our relationship with our clients, positioning ourselves as a leader in the field of education and reaffirming our commitment to quality and excellence.

For more information about our courses abroad and how you can benefit, please do not hesitate to contact us.. supportiecas@theanglo.mx

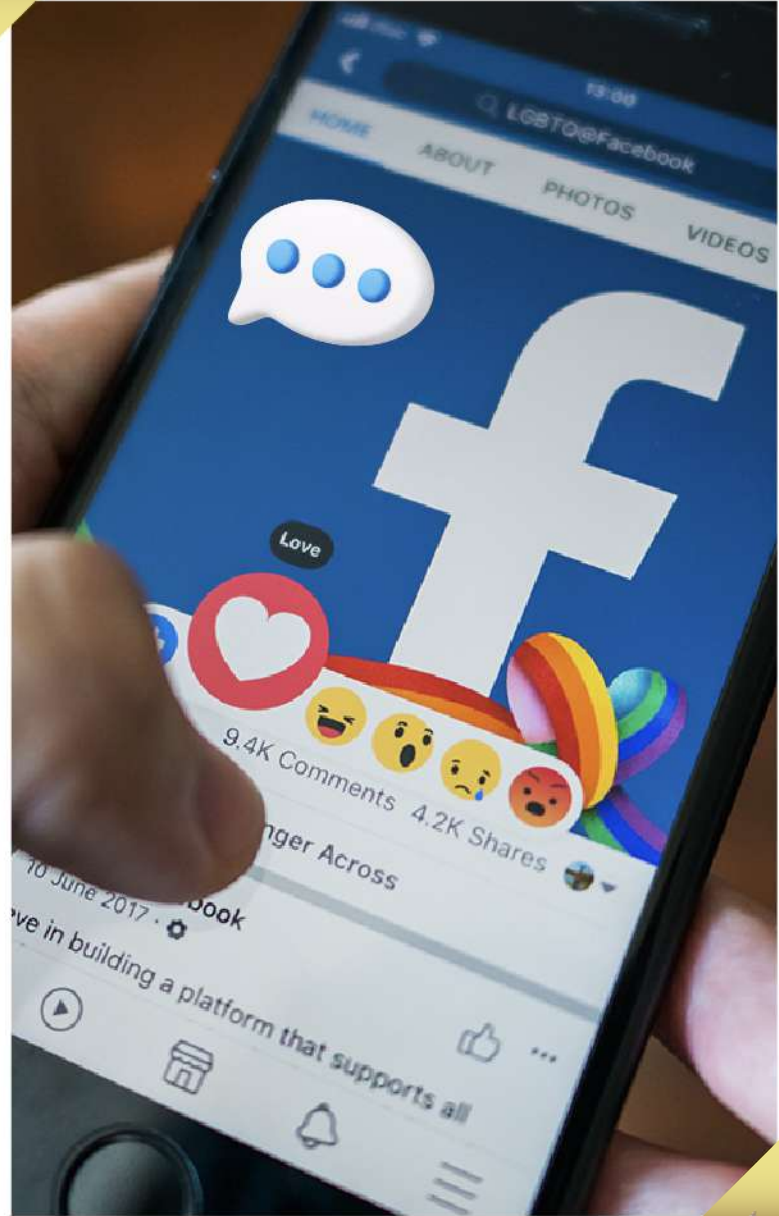
Facebook Page Launch for The Anglo Assessment: A Strategic Step to Boost Our Brand



We are pleased to announce the launch of the official Facebook page for The Anglo Assessment, a milestone in our communication strategy and brand positioning. This new channel not only reinforces our identity with our clients and the Foundation, but also allows us to be at the top of the minds of the decision makers who play a crucial role in the success of our organisation.

Brand Positioning and Identity Strengthening

With the creation of this site, we seek to consolidate The Anglo Assessment's identity, underlining our commitment to excellence and innovation. This digital space will be a reflection of our values and mission, allowing our audiences to identify and connect more deeply with our brand.



Top of Mind of Decision Makers

Our presence on Facebook allows us to be closer to decision-makers, who frequently use this platform to stay informed and connected. Our aim is to be the first choice that comes to mind when they think of quality services in our sector.



Identifying Our Audiences

Maintaining an understanding of our audiences is essential to continue to offer services that truly respond to their needs. Interaction on our Facebook page will provide us with valuable insights into who our audiences are, their interests and expectations. This information will allow us to fine-tune our strategies and ensure that we are effectively serving all markets.





Generating Value Content

Quality content is essential to keeping our audience engaged and active. On our Facebook page, we will share relevant and useful content that brings value to our followers, from articles and news to events, tips and testimonials. This approach will not only improve the perception of our brand, but also build loyalty and trust.

Lead Generation: The Ultimate Goal

The ultimate goal of our Facebook page is to generate quality leads that can be converted into loyal customers. Through well-designed and executed digital marketing strategies, we seek to attract and engage prospects interested in our services. Every interaction, every like, comment and share is an opportunity to expand our network and strengthen our position in the market.

We invite all our colleagues and clients to follow and actively participate in our new Facebook page. Together, we will make this space a dynamic and enriching platform that reflects the spirit and achievements of The Anglo Assessment.



Follow us and be part of this exciting new phase!





International Literacy Day

8th September

International Literacy Day, established by UNESCO in 1966, reminds us of the fundamental role that literacy plays in the growth of individuals and society. Mexico, like other nations, faces great challenges, with 4.17% of its population aged 15 and over unable to read and write effectively. Alarming, 62 per cent of this percentage are women. Fifty per cent of these people are concentrated in five states: Chiapas, Veracruz, Oaxaca, State of Mexico and Puebla.

The National Institute for Adult Education (INEA), under the Federal Government of Mexico, is trying to achieve 'full literacy' as a standard of measurement developed by international organisations. The goal is to reduce illiteracy rates to below 4%. This can be achieved through collaboration between the three levels of government, civil society and the private sector.





Globally, the importance of literacy as a human right is increasing because it helps in achieving the (Sustainable Development Goals) SDGs, in particular SDG 4, which calls for inclusive and quality education for all. While these issues are also faced in different parts of the world, sub-Saharan Africa continues to face problems that pose challenges to education, such as lack of safe water supply in less than 50% of schools, lack of electricity, computers and internet connectivity.

The vulnerability of certain groups is also a major problem; these include women and girls, for whom educational attainment is more difficult. This means that gender disparities will persist and, at the same time, lead to fewer opportunities in the labour market.

To address these issues, it is essential that education is high on governments' list of priorities for policy and practice. This should start with ensuring free access to basic education, including the least advantaged. Support for education means support for the development of our future, which is not only about promoting sustainable development but also about fighting poverty and building peace between societies.



- <https://www.cndh.org.mx/noticia/dia-internacional-de-la-alfabetizacion-0>
- <https://www.un.org/sustainabledevelopment/es/education/>
- <https://www.unesco.org/es/days/literacy>
- <https://en.unesco.org/sites/default/files/ild-2021-concept-note-es.pdf>

Glossary - Inclusion and Diversity Alliance

Self-identification: a powerful process.

Self-identification refers to the process by which a **person recognises and defines who they are in terms of their gender, sexual orientation, ethnicity, culture and other aspects of their identity.** This definition is constructed from the social roles with which the person identifies and the behaviours associated with those roles.

What makes self-identification so significant is that it puts power **in the hands of the individual.** It implies that each person has the authority and the right to define how they see themselves in relation to different aspects of their identity. **This internal recognition and acceptance of self is essential for emotional well-being and self-acceptance.**

Within institutions, understanding and respecting self-identification is of utmost importance. Institutions, whether educational or work-related, must recognise and honour the diversity of identities present in their community.



In doing so, they create an inclusive environment where **individuals feel validated and respected** for who they are.

Self-identification is a personal and powerful process that profoundly affects an individual's sense of self-acceptance and belonging. For institutions, recognising and respecting this process is fundamental to creating inclusive and respectful environments where each person feels valued and understood for who they are.

Produced by: Alliance for Inclusion and Diversity, The Anglo Professional.



JOHN GOLDING: DE MÉXICO A LONDRES



JOHN GOLDING: FROM MEXICO TO LONDON EXHIBITION CONCLUDES

Last month saw the conclusion of the exhibition John Golding: From Mexico to London at the Museo de Arte Moderno (MAM), a collaboration between The Anglo Arts & Culture, the John Golding Artistic Trust and Messums Org gallery.

This exhibition, the first retrospective of the British-Mexican painter John Golding in Mexico, highlighted his work as a reference in abstract painting and places him in the context of art in Mexico.

Curated by Dawn Ades and Jenna Lundin, the exhibition included 127 works from the John Golding Artistic Trust, the MAM and the Museo de Arte Carrillo Gil.

The exhibition, which lasted 11 weeks, ended successfully with several activities. During its last week, an exclusive tour was offered to the employees of The Anglo Foundation, guided by Brenda J. Caro Cocotle, chief curator at MAM. In addition, a virtual conference on Golding's work was held the day before the closing.

In this event, Dawn Ades and Brenda J. Caro Cocotle discussed the themes of abstraction, figuration and landscape in the artist's work, providing a deeper understanding of his legacy.

The Anglo Arts & Culture was instrumental in the publication of the exhibition's bilingual catalogue, which includes a comprehensive survey of Golding's work. To purchase a copy of the catalogue, please contact anglo.arts@tamf.org.mx





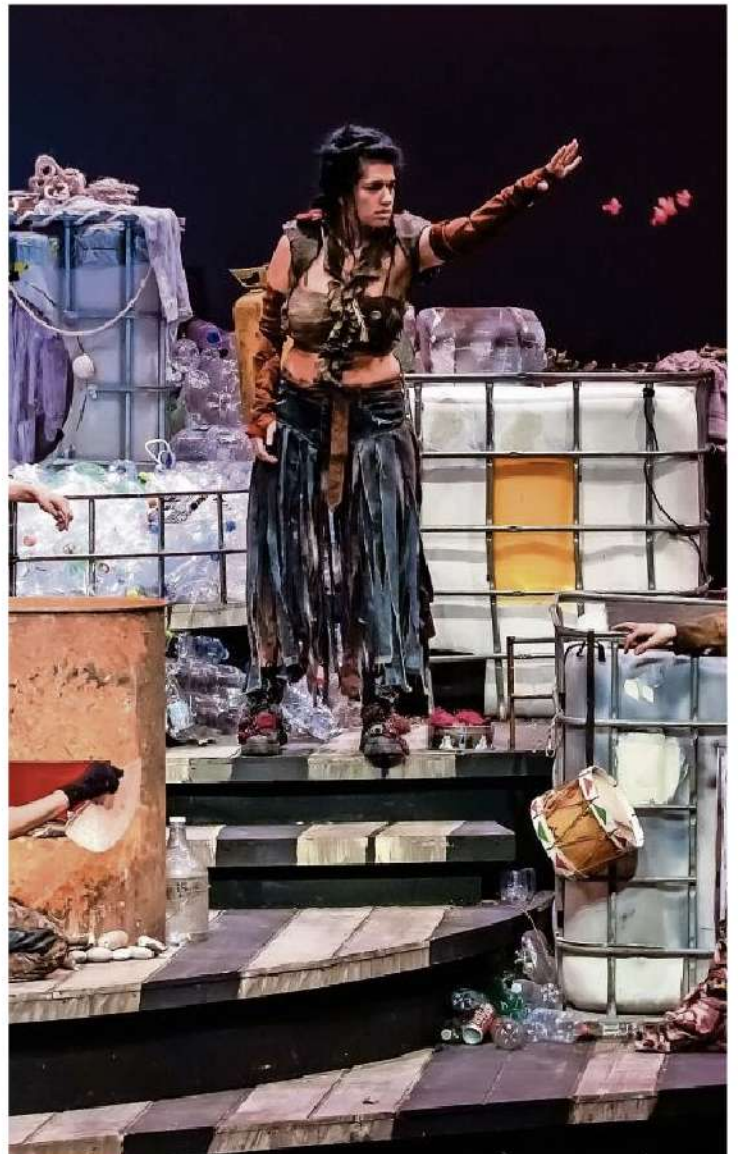
PARAÍSO: KAE TEMPEST'S REINTERPRETATION OF THE PHILOCTETES MYTH

Paraíso by Kae Tempest is a production of Teatro UNAM, in collaboration with The Anglo Arts & Culture. Directed by Enrique Singer and translated by Alejandra Torreblanca, this play reinterprets the Greek myth of Philoctetes, offering a profound critique of violence, war and unfounded heroism.

The play, starring Julieta Egurrola as the tragic hero, was presented at UNAM's Juan Ruiz de Alarcón Theatre from 7th June to 17th August.

Philoctetes, hero of the Trojan War, was endowed with a magic bow by Hercules. However, after suffering a leg wound he is abandoned on an island because of his troubles. A decade later, soldiers return to look for him, as the success of the war is in jeopardy.

Tempest's adaptation changes the ending, featuring a Greek chorus of female islanders instead of soldiers, to show how the war disrupts and affects their peaceful society.





A British national, Tempest has gained recognition for their ability to combine elements of classical poetry with the energy of hip hop and the intimacy of personal conversations.

Their work addresses themes of identity, mythology, and everyday human experiences, presenting a deep connection between the ancient and the contemporary.

This is the second occasion that **The Anglo Arts & Culture** has hosted Kae Tempest in Mexico. The first was in 2013 during the Poesía en Voz Alta. 13 at Casa del Lago UNAM, where they performed with different Mexican, Latin American and international artists.





BOOK GIVEAWAY FEST 2024



On the 26th and 27th of July, The Anglo Foundation Library held its annual Book Giveaway Fest, with the aim of raising funds to enrich the library's collection. On this occasion, visitors were able to purchase second-hand books, donate their own copies and participate in a variety of free activities.

To treat our colleagues from The Anglo Foundation, we held an exclusive special sale on Friday 26th. They were also able to enjoy the opening ceremony of the Olympic Games on the big screen in our Anglo Arts Centre while they chose their materials.

On Friday 26th we held a graphics workshop with Pio Primley, where participants created bookmarks using the technique of linoleum printmaking. Catalina Casa de Té hosted an exclusive tea tasting, combining the tasting of a select variety of teas with an insight into the history of this traditional drink in England.

On Saturday 27th, the Tolkiendili Society of Mexico hosted an information and merchandise table. In addition to providing information about the activities of this friendly organisation, they sold handmade items such as bracelets, bookmarks and figurines inspired by Middle-earth and the works of J.R.R. Tolkien.



BOOK GIVEAWAY FEST 2024



An Unrivalled Competitive Advantage



Additionally, we had some conferences with social media influencers. In the conference "Reading Women Authors", given by @LibrosB4Tipos, we learned about the importance of literature written by English women. Afterwards, Adrián Chávez from @NoChavezNada spoke to us about the influence of accent in learning English in his talk entitled "Accentism: linguistic transfer and other demons".

The Book Giveaway Fest 2024 concluded with great success. We are grateful for the support of everyone who visited us and helped enrich the library's collection.

See you in the next edition!





Winners Of Xxiii Shakespeare Competition: The Impact Of Key Scholarships

Thanks to The Anglo Arts & Culture's key scholarships, Mateo Benita and Gal Erez, first place winners of the Shakespeare Competition, enjoyed an unforgettable and transformative experience in the world of acting.

Mateo Benita, who won first place, received a scholarship to the Midsummer Conservatory Program 2024, taught by the British American Drama Academy (BADA), which began on 6th July.

Among the activities Mateo enjoyed were a tour of the historic streets of Oxford, where BADA is located; a visit to the Globe Theatre, built by Shakespeare's theatre

company in 1599, to see a performance of Richard III; and a trip to Stratford-Upon-Avon, Shakespeare's birthplace, where he saw the play Merry Wives of Windsor by the Royal Shakespeare Company.

He also visited important places in Shakespeare's life, such as the church where he was baptised and buried. In addition, Mateo attended classes with renowned actors, including movement sessions with Julia Gay, voice with Ashley Howard, period dance with Charlotte Ewart, theatre and culture with Brian Ridgers, and a clown masterclass with Mick Barnfather.

At the end of the camp, Mateo took part in the play Twelfth Night.

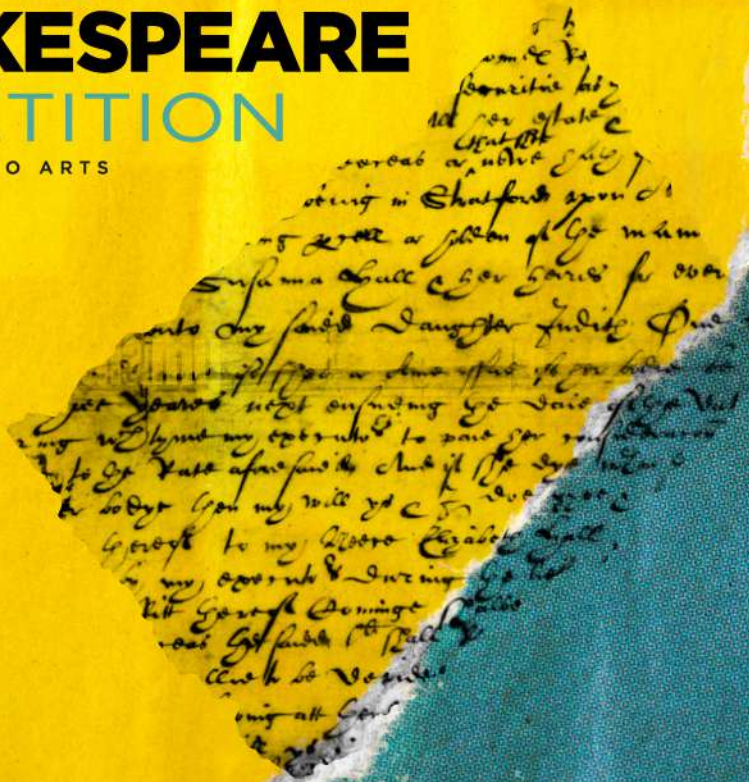
Meanwhile, second place winner Gal Erez won a scholarship to ASC Theatre Camp 2024 at the American Shakespeare Center (ASC). During her stay, Gal participated in Dr. Peter Kirwan's workshop, which focused on the theatrical convention of Shakespeare's time. She also attended the ROADS to Rhetoric workshop, where she learned to identify and use rhetorical figures, and the

acting class with KP Powell, which focused on stage presence and problem solving on stage. In addition, she participated in a workshop with Dr. Ralph Alan Cohen, co-founder of the ASC. Gal had the opportunity to perform in the play Comedy of Errors, playing Luciana, which allowed her to demonstrate the skills she had acquired during this period.



XXII SHAKESPEARE COMPETITION

BY ANGLO ARTS



We have a new digital library!

At The Anglo Foundation Library, we care about making access to our books easier for our users, so from the 5th of August you can find us on Libby!





With this new platform you will be able to access books, audiobooks and magazines with your library membership. Reading from a web browser or directly from the application is now easier.

In addition, Libby offers many benefits to make reading more comfortable: from different reading formats to personalisation of the text and the possibility to create notes, underline and more.

Apply for your membership and get access to Libby!

WE HAVE A NEW DIGITAL LIBRARY!

INTRODUCING:  Libby.

-  1 Download the app
-  2 Browse and borrow
-  3 Read in different formats
-  4 Personalize your reading!



ADMISSIONS AND RETENTION SPECIALISTS

Requisitos:

- Certificate of completed university degree.
- Minimum experience of 1 year providing attention and follow-up to students, via telephone and in person.
- To work at our headquarters in Antonio Caso.

Send your CV to talento@theanglo.mx



How Mexican are you?



Add up the percentages you can identify with.

- 5% You put lime on everything.
- 5% Your food always includes salsa.
- 5% You eat barbacoa on Sundays.
- 5% You use the word "chingada" when something doesn't go well.
- 5% You love elotes with spicy chili.
- 5% You have travelled on the CDMX metro.
- 5% You have been to Garibaldi to listen to Mariachi.
- 5% You have seen more than one complete telenovela.
- 5% You have cried listening to Juan Gabriel.
- 5% You dance el payaso de rodeo at parties.
- 5% You have haggled at a tianguis.
- 5% You use yoghurt pots to store frijoles.
- 5% You eat 1 Maruchan soup every 6 months while it is digesting.
- 5% You keep sewing threads in a biscuit tin.
- 5% You eat a bolillo when you get scared.
- 5% When you go to the tortillería you ask for your own tortilla with salt.
- 5% You say "provechito" to anyone who is eating.
- 5% You take the centrepiece at the party if you get there first.
- 5% You use the oven to store pots and pans.
- 5% You grew up watching Chabelo.

I'm proudly ___ % Mexican!

TAF Crossword Puzzle

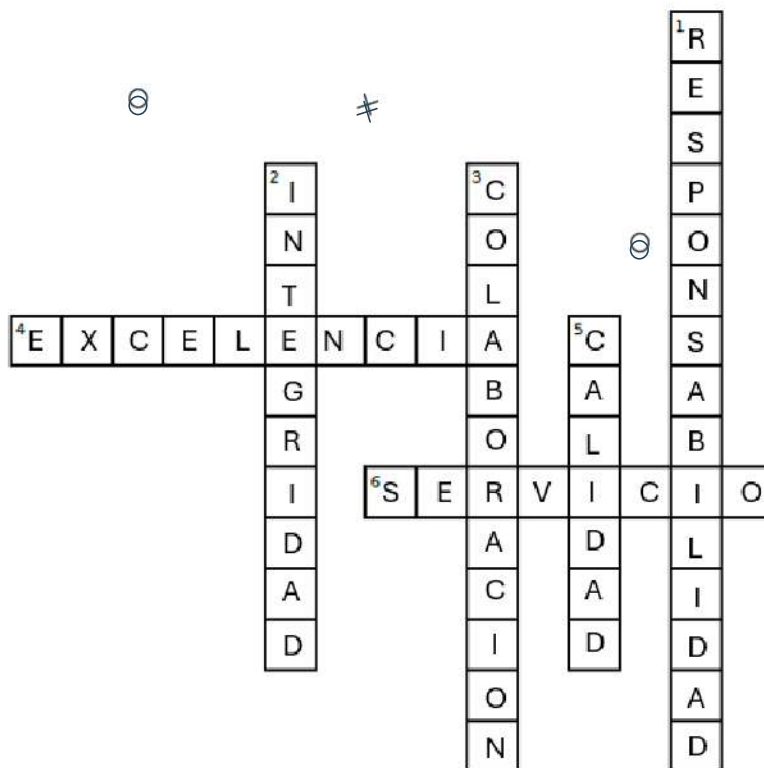
In our August edition, we published a crossword puzzle where the first ten employees to send in their answers would win a free gift.

Below, we share with you the answers and the list of our lucky colleagues.

Winners:

1. **Rodrigo Omar González Guardia**
2. **Angélica Anahí Arcos Pérez**
3. **Jacqueline Santiago Zaragoza**
4. **Evelyn Dayana Horta Saldaña**
5. **Vianey García García**
6. **Ricardo Monterrubio Cruz**
7. **Brenda Sánchez Espinosa**
8. **Karina Franco de Iturbide**
9. **Mitzy Renata Alcántara Aguilera**
10. **Luis Alfredo González Merlos**

Here are the answers to 6 words that characterise The Anglo Foundation



Thank you for participating and look out for more trivia in future editions.





The result of a great alliance

The Churchill School and College has a Yoga & Mindfulness Teaching and Practice programme, which is already part of the institution's educational proposal.

The progress of the project during the 2022-2023 school year involved 300 children and young people, 115 families, 30 teachers and 31 members of the school staff, who today receive weekly benefits, and have acquired tools for non-violent communication and mindfulness techniques that positively impact both educational work and family formation.

In order to continue the implementation of this great work, Churchill needed to adapt two spaces: the first to carry out the functions related to the project and the second to replace the various activities of the pre-school students, such as lunch and small group activities.

Thanks to the donation of Cobijo y Sonrisas A.C. Foundation, The Churchill School & College gained momentum to complete this task.





The origin of our partnership with Cobijo y Sonrisas dates back to the time of the pandemic, when they joined the Sumas tú, Sumamos todos fundraising campaign.

Subsequently, we began to manage a joint action plan to reach a common goal: to promote the integral wellbeing of children and young people in formal education through the teaching and practice of yoga and meditation with the aim of creating balanced human beings

capable of facing the world in order to generate social change.

Last July saw the culmination of two years of work. A thanksgiving ceremony took place at The Churchill School to honour the donation made by Cobijo y Sonrisas A.C. Foundation.

We had the attendance of the board members of Cobijo y Sonrisas, The Churchill School & College and Impacto Social.



We had the opportunity to show them the use of the spaces as they witnessed a yoga class with the pupils of the 3rd year of pre-school.

We reiterate our deep gratitude to our partner for their interest in the development of this project since its inception, and especially for the generous support of \$400,000 MXN.

The Anglo Mexican Foundation seeks to enhance its impact and commitment to a better prepared society, hand in hand with institutions with which we have developed invaluable partnerships such as the one we have today with Cobijo y Sonrisas Fundación, A.C.

Workplace wellbeing: keys to a healthy working environment

Workplace wellbeing is key to a healthy working environment, where employees feel satisfied and have a good quality of life. Companies can implement wellness programmes to foster a good working environment.



Key points

- Workplace well-being can and should be promoted in both face-to-face and remote working modalities.
- It can be measured in terms of the positive or negative feelings employees have about how their work situation influences their personal lives.
- It is essential to ensure employee satisfaction and happiness.
- Well-being at work influences physical and mental health.
- There are key aspects of well-being at work, such as recognition, communication and many others.

Why is well-being at work important?



A good workplace is essential. When we talk about employee well-being, it includes many variants of well-being. Workplace well-being encompasses emotional, social, physical and financial well-being.

Having a good workplace doesn't just bring internal benefits. With happy, motivated and well-performing employees, it also greatly influences the reputation of the company. In terms of external communication, it allows the company to be seen as a good place to work.

If you require emotional accompaniment, the ORIENTA PAE team is here to support you.



Contact us at 442 295 3001 or 800 999 2233
www.orienta-me.com

TAF SALES

This space is intended to offer items for sale to the TAF community.



If you are interested in selling an item, please contact Yazmin Parra at yazmin.parra@tamf.org.mx and attach the following information:

- Item for sale
- Price of the item
- Condition of item (new, pre-owned)
- Item description (make, model, material, colour)
- Sales contact (Name and phone number)
- Photos with white background

A chance to get products at the best prices!



SEPTEMBER Birthday

01



**TANYA ESTRELLA
VILLAVICENCIO STROMBERG**
The Anglo Churchill College

01



**IVONNE VICENTE
ZARATE**
The Anglo Academy

01



**ALEXA DE JESUS
ESTRADA REYES**
The Anglo Academy

01



**PIOQUINTO
RIVERO PRIMLEY**
The Anglo Academy

01



**MARIA ELENA
MARTINEZ ESPERON**
The Anglo Churchill School

02



**LUCERO CERVERA
MARTINEZ**
The Anglo Professional

02



**FRANCISCO ALVAREZ
FERNANDEZ**
The Anglo Academy

02



CIARAN MC KEON
The Anglo Academy

02



**ANGELICA SARAHI
BARRIENTOS GONZALEZ**
The Anglo Arts & Culture

04



**MARIA MAURA
CARDENAS JUAREZ**
The Anglo Churchill School

05



SABINE KLEINER
The Anglo Churchill College

05



**MIGUEL ANGEL
RAMIREZ CUEVAS**
The Anglo Assessment

05



**ALEJANDRO DE
LA TORRE TORRES**
TAF

06



**JUAN CARLOS
VARGAS RODRIGUEZ**
TAF

06



**FAUSTO HERNAN
MARTINEZ ORIOL**
The Anglo Academy

07



**DANIEL AVILA
AGUIRRE**
The Anglo Academy

07



**MARIA DEL CARMEN
GONZALEZ VERA**
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08



**JAIME GABRIEL
OROPEZA BORJA**
The Anglo Churchill College

09



**BEATRIZ ARRIAGA
GARCIA**
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**STEPHANO ALEXIS
VILLAFANE MATAMOROS**
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**JULIETA ELIZABETH
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**JOSE JOAQUIN
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ACKNOWLEDGEMENTS

Thank you 

We would like to express our sincere thanks to the following colleagues, as their contributions in each edition are of vital importance to learn more about what is happening in each of the business units that make up the Foundation.

Thank you for your great commitment, time and contribution to make the publication of our newsletter possible.



B2B

- Eduardo Cruz Medrano

THE ANGLO PROFESSIONAL

- Adriana Villanueva

THE ANGLO ACADEMY

- Stephano Alexis Villafañe

THE ANGLO ASSESSMENT

- Karen Berenice González
- Nayeli Herrera

THE ANGLO ARTS & CULTURE

- Gabriela Irastorza
- Citlali Yahal Kab De Dios
- Beatriz García Moreno

TAF

- Yazmin Parra Espindola
- Diana Garcés Saldaña
- Anyelo Madrid Del Valle



